

**BRITISH WEIGHT LIFTING
BRITISH SENIOR WEIGHTLIFTING CHAMPIONSHIPS 2013
BANGOR UNIVERSITY
Saturday 13 July 2013**



RANK	LIFT #	GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR DOB/YY	HIGHEST SQUAT kg	HIGHEST CLEAN kg	HIGHEST JERK kg	BODY WEIGHT kg	SNATCH kg			JERK kg			BEST RESULT		TOTAL kg	S/NCLUB
										1	2	3	1	2	3	SNATCH kg	JERK kg		
56 KILO CLASS																			
1	1	Louis	Hampton Jones	Stars For The Future	17/03/93	150	56	55.80	75	x85	85	x95	95	x106	85	95	180	281.73	
62 KILO CLASS																			
1	3	Christos	Michaelas	Team Manchester	16/02/93	182	62	61.00	102	106	111	130	x136	x136	111	130	241	352.64	
2	5	Jaswant	Shergill	Oldbury Academy	14/01/93	182	62	61.40	100	x103	104	x134	x134	131	104	131	235	342.24	
3	2	Nicholas	Muhanza	Crossfit Manchester	31/12/86	182	62	61.90	90	97	x104	115	120	x125	97	120	217	314.20	
4	6	Namatullah	Ahmad	Stars For The Future	01/04/95	182	62	61.50	82	x86	x86	x105	x106	x106	82	0	0	0.00	
5	4	Jonathan	Turpin	Leeds Met	15/01/89	182	62	61.10	x80	x80	80	x105	x105	x105	80	0	0	0.00	
69 KILO CLASS																			
1	12	Mehmed	Fikretov	Crystal Palace	18/11/86	205	69	68.60	115	120	x123	150	160	x166	120	160	280	378.08	
2	7	Christopher	Freebury	Atlas Warehouse	22/05/89	205	69	68.20	115	120	x124	140	146	x150	120	146	266	360.54	
3	9	Craig	Carfray	Kilmarnock	31/03/92	205	69	68.80	x105	x105	105	x135	135	x145	105	135	240	323.46	
4	11	David	Oakes	Team Manchester	13/05/89	205	69	67.80	93	x96	97	117	121	124	97	124	221	300.69	
5	10	Chris	Chea	Woking	28/03/85	205	69	69.00	89	94	99	109	114	119	99	119	218	293.27	
6	8	Iain	Shawley	Unattached	10/12/87	205	69	67.30	87	x92	92	x142	112	117	92	117	209	285.74	
48 KILO CLASS																			
1	1	Colette	Will	Gladiator	07/11/92	102	48	48.00	53	x65	55	70	x75	x75	55	70	125	204.9	
53 KILO CLASS																			
1	5	Joanne	Galvino	Crystal Palace	18/08/80	110	53	52.60	62	65	x67	83	86	x88	65	86	151	229.2	
2	3	Amy	Foy	Oldbury Academy	26/11/95	110	53	52.90	x64	x64	64	65	x70	x70	54	65	119	179.8	
3	4	Noorin	Gulam	Stars of the future	06/09/95	110	53	52.00	49	x53	x53	62	x66	x66	49	62	111	170.0	
4	6	Joanne	McManus	Crossfit Manchester	16/03/66	110	53	51.80	x48	x48	x48	x-	x-	x-	0	0	0	0.0	
58 KILO CLASS																			
1	9	Sophie	Smyth	Kilmarnock	21/01/93	117	58	57.80	62	64	66	80	82	84	66	84	150	211.7	
2	11	Shila	Panjavi	Stars for the future	14/05/91	117	58	57.00	62	x64	64	80	x84	x86	64	80	144	205.3	
3	7	Poy	Fakcha	Stars for the future	08/01/96	117	58	56.40	x69	69	63	x70	x70	70	63	70	133	191.2	
4	10	Amber	Sheppard	Crystal Palace	11/11/97	117	58	56.90	50	53	54	68	71	73	54	73	127	181.3	
5	8	Josie	Calvert Briggs	Leeds Metropolitan Univ	09/06/92	117	58	57.10	45	48	50	x64	67	x69	50	67	117	166.8	
77 KILO CLASS																			
1	7	Adam	Mattiusi	St. Marys Strength	23/06/91	225	77	76.40	120	x125	125	146	x156	x156	125	146	271	342.79	
2	9	Ivan	Mihal	Kettle Bell Training	27/05/91	225	77	75.10	103	107	x142	133	136	141	107	141	248	316.81	
3	10	Liem	Bui-Le	Crystal Palace	18/09/93	225	77	75.60	105	x108	x108	135	139	x144	105	139	244	310.50	
4	1	Gwilym	Sion Pari	Holyhead	07/02/95	225	77	76.10	105	110	112	x125	125	130	112	130	242	306.79	
5	11	Jonathan	Pamment	Unattached	16/06/90	225	77	75.50	103	106	110	125	130	x133	110	130	240	305.85	
6	6	Lewis	Ridett	Brunel	17/06/93	225	77	76.50	x100	100	x106	130	136	x140	100	136	236	298.29	
7	3	Alex	Collier	Team Manchester	29/03/94	225	77	72.90	112	x146	x148	---	---	---	112	0	0	0.00	
8	2	Robert	Gordon-Smith	Crystal Palace	07/07/88	225	77	75.90	107	x144	111	x126	x126	111	0	0	0	0.00	
9	4	Eddie	Chambers	St Birinus	03/12/91	225	77	76.90	x100	x100	x100	---	---	---	0	0	0	0.00	
10	5	Shaun	Clegg	Team Manchester	13/10/92	225	77	76.50	x125	x125	x125	---	---	---	0	0	0	0.00	
11	8	Hallil	Zorba	Crystal Palace	22/09/88	225	77	76.80	x120	x120	x120	---	---	---	0	0	0	0.00	
63 KILO CLASS																			
1	6	Jane	Armour	Kilmarnock	04/03/85	122	63	62.20	63	66	x68	x82	82	x86	66	82	148	198.4	
2	5	Sarah	Evans	Swansea	22/10/91	122	63	61.60	55	x58	58	x76	76	80	58	80	138	186.2	
3	2	Sally	Moss	Bethnal Green WLC	03/04/75	122	63	62.40	55	58	x64	68	71	73	58	73	131	175.2	
4	4	Vicky	Johnstone	Parkhead	13/02/81	122	63	62.40	50	53	x56	66	70	x75	53	70	123	164.5	
5	7	Emily	Godley	Kilmarnock	22/10/89	122	63	62.80	x83	x83	x83	---	---	---	0	0	0	0.0	
6	3	Rebekah	Tiler	Mytholmroyd	13/01/99	122	63	62.90	x82	x82	x82	---	---	---	0	0	0	0.0	
7	1	Sam	Balchin	Sutton & Epsom	10/02/85	122	63	61.70	x67	x67	x67	---	---	---	0	0	0	0.0	
85 KILO CLASS																			
1	5	Jack	Oliver	Leeds Met	04/01/91	245	85	83.70	x137	x137	137	165	168	175	137	175	312	375.74	
2	6	Bradley	Burrows	Empire sports	18/03/79	245	85	84.60	140	145	x150	160	x165	x165	145	160	305	365.34	
3	4	Cathal	Byrd	Unattached	15/08/86	245	85	83.40	x125	x125	125	157	162	x165	125	162	287	346.27	
4	3	Dale	Cree	Kilmarnock	10/01/92	245	85	84.90	118	122	x124	144	x148	x150	122	144	266	318.07	
5	2	Owen	Satterley	Unattached	15/07/80	245	85	82.40	105	x110	110	x137	x140	140	110	140	250	303.30	
6	1	Graeme	Kane	Kilmarnock	24/09/88	245	85	84.40	x120	---	---	---	---	---	0	0	0	0.00	
69 KILO CLASS																			
1	2	Natasha	Perdue	Swansea	27/07/75	130	69	68.40	85	90	x93	104	110	x145	90	110	200	292.3	
2	4	Louise	Mather	Gladiator	12/12/83	130	69	67.60	68	x74	71	x88	88	x93	71	88	159	202.0	
3	3	Aggie	Kikut	Woking	16/10/86	130	69	67.10	55	x60	61	75	x80	80	61	80	141	180.0	
---	5	Evelyn	Stevenson	Sutton & Epsom	12/01/87	130	69	67.10	63	x67	x67	x90	x90	x90	63	0	---	0.0	
75 KILO CLASS																			
1	6	Mercy	Brown	Crystal Palace	20/06/96	137	75	74.70	73	78	x84	94	x99	x99	78	94	172	206.4	
2	8	Jenny	McIntyre	Glasgow City Barbell	24/05/89	137	75	73.10	62	x65	65	82	x85	x85	65	82	147	178.5	
3	7	Janine	Murphy	Bournemouth barbell	30/11/72	137	75	74.10	50	54	58	77	83	x86	58	83	141	169.9	
75+ KILO CLASS																			
1	9	Anna	Krasnopolska	Bethnal Green	10/03/82	145	75+	77.80	67	71	73	83	85	87	73	87	160	188.0	
2	10	Gemma	Williams	Empire Sports Club	14/09/85	145	75+	100.10	65	67	x70	81	84	x86	67	84	151	160.3	
94 KILO CLASS																			
1	6	Sonny	Webster	Empire Bristol	10/03/94	260	94	92.70	137	x140	x144	170	175	180	137	180	317	363.82	
2	1	Peter	Kirkbride	Kilmarnock	19/12/87	260	94	93.60	127	132	x135	170	x184	x184	132	170	302	345.16	
3	4	Owen	Boxall	Europa	03/07/90	260	94	92.20	130	x134	136	160	---	---	136	160	296	340.53	
4	8	Saun	Trebillcock	Parkhead	24/03/85	260	94	93.40	120	x125	x125	165	170	x175	120	170	290	331.75	
5	7	Greg	Stumbles	Bournemouth Barbell	13/09/91	260	94	92.60	x107	107	113	148	154	x157	113	154	267	306.58	
6	5	Jake	Davies	Caldicot	25/02/94	260	94	93.50	x148	x149	120	x145	145	x150	120	145	265	303.01	
7	2	Jake	Helliwell	Team Manchester	04/07/93	260	94	93.80	115	x122	x122	145	x153	x159	115	145	260	296.89	
8	3	Koing	Chea	Woking Centre of Excell	27/12/83	260	94	87.40	x105	105	x116	135	140	x145	105	140	245	288.85	
105 KILO CLASS																			
1	9	Ben	Watson	St Birinus	20/03/90	275	105	103.00	135	140	145	160	170	175	145	176	321	353.22	
2	10	Callum	Downie	Gladiator	01/02/90	275	105	102.10	115	x120	x122	150	x155	x160	115	150	265	292.54	
105+ KILO CLASS																			
1	11	Andrew	Ruegg	Brunel University Weight	02/06/86	285	105+	122.00	x138	x138	138	x162	162	x166	138	162	300	313.51	