

Commonwealth Games 2022

Current Information

COMMONWEALTH GAMES 2022

Due to the current circumstances, it is going to be a very difficult time in the run up to the Commonwealth Games in 2022.

The qualifying criteria for Weightlifting Scotland have now been signed off and available on the WLS website.

The first phase of the selection criteria is:

To be included on IWF/Commonwealth Weightlifting Federation ranking list to be eligible to compete in the Games in 2022.

Eligible lifters must finish in the top 8 of the bodyweight category that you will be competing in (except 64kg and 71kg Females and 73kg and 81kg Men) which will be 9th on the final version of the Commonwealth rankings.

If lifters do not finish in the top 8 or 9 you will not be put forward for selection.

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The second phase of the qualifying criteria is from Commonwealth Games Scotland (CGS) and that is that you must be in at least the top 6th place on the IWF/Commonwealth Federation rankings in the final version.

This is as other sports in the Commonwealth games competing for Scotland.

There will be only one lifter per weight category from Scotland.

If no lifter makes the top 6 then we wait for the CGS to hopefully award us 4 places as in previous games.

If they do then the spaces would only be allocated to the best lifters that achieve 7th or 8th Place on the Commonwealth Ranking List or within 5% of 6th place on the ranking list, (taken from the lifters that achieve 7th or 8th place) whichever is higher in standard.

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We do not have many competitions to achieve the qualifying criteria and they will include the following:

**British Senior Championships 2021 (25th – 27th June as it stands)
(Qualifying will need to take place with online competitions)**

**Commonwealth Weightlifting Championships 2021 – Singapore
(20th – 24th Oct)**

British Senior Championships 2022 (Jan 2022 TBC)

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How Covid-19 plays out we do not yet know, we are currently in a Level 4 lockdown, with at the moment nowhere to train except your garage, your house or outside.

None of these scenarios are in any way shape or form a good thing for any of our lifters, some of our elite lifters have no equipment or nowhere to train or both.

Level 4 at the moment is until Feb 1st but will be reviewed before that date and may well be extended into March or beyond throwing even more spanners in the works.

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To enable Weightlifting Scotland to select appropriate lifters for squad training (we have not made any dates yet until we know what restrictions will be in place) they must be and do the following:

1. A current member of WLS/BWL
2. Compete and make a total in one of our Scottish Open Online Series 1 or 2 or any BWL Open Series, so your total can be used for rankings.
3. Submit a video which we will supply a date and if possible you will perform up to at least 85/90% of your best competitive total for us to assess your current ability so you can be included on the Scottish Rankings.
4. Be on the current Scottish ranking list in the top 8 on Sinclair points.
5. Keep WLS up to date with your current training situation and send us regular information with current fitness levels and what standard you are, at that time.