



Weightlifting Scotland

Selection Policy as of Jan 1st, 2020 (Weightlifting Scotland reserve the right to change or amend this policy)

The team will be selected by the WLS Board & Selection Committee and based on which bodyweight class we see fit that may win or better place in a competition.

The team selected will be considered as comprising lifters, coaches, sport team managers, general team management and any medical personnel we see fit.

1. Eligibility to compete for Scotland at Commonwealth Games

The Criteria

For Lifters wishing to compete for Scotland at any Commonwealth Games (including Commonwealth Youth Games) they must:

- a. Hold a UK Passport.
- b. Must also in addition to 1a. above be a Resident or Citizen of Scotland or for 5 years Prior to the Commonwealth Games taking place.
- c. Proof of residency of non-citizen or non-residents will be asked for in the case of the 5 years prior to the games.
- d. Scottish born citizens or of Scottish parentage living abroad can also be selected providing they still hold a UK passport and are subject to all the same doping control procedures (proof of this will be a requirement) as athletes living in Scotland and adhere to competitions that WLS select for them to lift in as selection competitions.
- e. Athletes must achieve all the selection criteria and standards set out by WLS & Commonwealth Games for Scotland.

2. Commonwealth Games

Subject to Article 24(2), in the Commonwealth Games for Scotland Selection Policy, as a condition of entry to compete in the Commonwealth Games, all athletes must be citizens of or subjects of the

- a. Commonwealth Country that enters them.
- b. Must not be currently under disqualification or suspension by the Federation, or their respective Affiliated Commonwealth Games Association (CGA) or International Federation (IF) or under the World Anti-Doping Code.
- c. Comply with all applicable rules and regulations of the Federation, their respective IFs and the World Anti-Doping Code as may be modified and applied by the Federation to ensure that the overriding principles of the Commonwealth Games are observed.

Subject to Article 24(3), where an athlete was born in a Commonwealth Country that has common citizenship/passport with other Commonwealth Countries, the athlete may initially represent either the athlete's Commonwealth Country of birth; or the Commonwealth Country of birth of his or her father or mother that shares the same citizenship/passport.

- 3.** After having represented one Commonwealth Country at the Commonwealth Games, an athlete may not represent another Commonwealth Country unless he or she receives the approval of the Federation, the relevant IF and the affiliated CGAs of the two Commonwealth Countries concerned.



- a. Applications under this article must be submitted to the Executive Board at least 12 months prior to the commencement of the Games.
4. It is the responsibility of all affiliated CGAs to ensure that their athletes are fully aware of and comply with the eligibility rules of the Federation.
5. The Executive Board will have the power to waive the provisions of Articles 24 (1-3) in its discretion.

In relation to this clause, the CGF Executive Board at its meeting in August 2004 gave the following guidelines:

If an athlete has previously represented a country at a Commonwealth Games they may continue to represent that country at future Games.

Athletes wishing to compete for a country on the basis of residency must show they have resided in that country for five years immediately prior to those Games.

Further guidelines were given in August 2005 as follows:

Athlete Eligibility - Athlete Dispensation Criteria

The General Assembly noted the Executive Board's decision that in accordance with Article 25 (5) dispensations would be granted to athletes where common passports exist in that an athlete may represent the new country subject to having fulfilled all the requirements of the relevant International Federation.

6. Selection onto Squads & Commonwealth Games Squads for Birmingham 2022 and beyond

- a. All lifters must be eligible to compete for Scotland according to the above criteria.
- b. Lifters that DO NOT have a UK Passport (only for Commonwealth Games eligibility) can still be selected for Squad Training Sessions towards international competitions.
- c. Eligible Lifters must be in the top 10 of the Scottish National Rankings on Sinclair points (lifters could be selected as low as ranking number 13 if there are call offs through injury or medical reasons and if they fulfil the above criteria).
- d. All the following competitions will be used for Scottish Ranking Lists and should be competed in by any lifters trying to get on to Scottish Squad Training Sessions:
Scottish Senior Championships, West of Scotland Open, East of Scotland Open, North of Scotland Open, Scottish Open Championships, Celtic Championships and any other competition that the WLS Board sees fit to include if it is in the best interests of WLS.
- e. All lifters must undertake (fit to lift) sessions if required, due to injury or illness reasons.
- f. It is advisable that lifters attend all squads that they are eligible to be at (if a lifter cannot attend any squad then they must give good reason not to be there) and if necessary produce a medical note from your GP or physio etc.
- g. Squad attendance and Behaviour (should be of the highest level especially when representing Weightlifting Scotland at Commonwealth Games day gatherings, weekend gatherings or weekend squad sessions).
- h. Weightlifting Scotland will select their best Male and Female teams for The Commonwealth Games 2022 and this will be done in conjunction with CGS and possible Commonwealth Weightlifting Federation in due course.



- i. When Weightlifting Scotland select and nominate their lifters for the Commonwealth Games 2022 they will then present them to the Commonwealth Games Council for Scotland who will then in turn have the final say in the selection of lifters put forward based on all the above and below criteria.
- j. Weightlifting Scotland will in conjunction with the Commonwealth Games Council for Scotland and possibly the Commonwealth Weightlifting Federation, set the qualifying standard to be used at the Commonwealth Games in 2022.
- k. To be in line for selection (IWF Nominated/Sanctioned competitions for rankings) each lifter must compete at the IWF approved competitions during the selection period in their respective weight class to be eligible to be put forward for inclusion for final selection
- l. Appeals can be submitted only if the lifter makes the required and does not get selected for the Commonwealth Games 2022.
- m. The required standard for the Commonwealth Games 2022 must be achieved by **date entered here 2022** during the selection timeline.
- n. All lifters will work with many different coaches and Team Managers and associated partners on the squads and must always show respect to everyone.
- o. If lifters refuse to work with whomever they are delegated to then they will be asked to leave the squad.
- p. All lifters MUST sign and agree to all the criteria above or they will not be included on Squads or Commonwealth Games Squads.

Lead Coach Signature _____ Date_____

Team Manager's Signature _____ Date_____

Lifter's Full Name in block capital _____

Lifter's Signature _____ Date_____