

# IWF COMMONWEALTH RANKING LIST - 2022 COMMONWEALTH GAMES QUALIFYING

Including CGF specified events from 01 January 2021 to: 18 December 2021



NOTE: © = Winner of 2021 Commonwealth Championship

## WOMEN: 49KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Saikhom Mirabi Chanu	1994	IND	48.85	87	115	202	24/07/2021	Tokyo Olympic Games
Stella Peter Kingsley ©	2002	NGR	48.30	72	96	168	8/12/2021	2021 Commonwealth Championships
Lou Dika Toua	1984	PNG	48.95	72	95	167	24/07/2021	Tokyo Olympic Games
Marie Hanitra Roilya Ranaivosoa	1990	MRI	48.95	73	91	164	24/07/2021	Tokyo Olympic Games
Tenisha Thornton	2005	MLT	48.52	70	89	159	3/04/2021	2021 European Senior Championships
Hannah Powell	1992	WAL	48.15	67	84	151	26/06/2021	2021 British Championships
Lisa Tobias	1980	SCO	48.89	61	81	142	26/06/2021	2021 British Championships
Winnifred Ntumi	2002	GHA	48.00	59	76	135	8/12/2021	2021 Commonwealth Championships
Janet Atieno Oduor	1993	KEN	46.00	45	58	103	8/12/2021	2021 Commonwealth Championships

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## WOMEN: 55KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Adijat Adenike Olarinoye ©	1999	NGR	54.20	90	113	203	9/12/2021	2021 Commonwealth Championships
Sorokhaibam Bindyarani Devi	1999	IND	54.60	84	114	198	9/12/2021	2021 Commonwealth Championships
Fraer Morrow	1998	ENG	54.50	86	109	195	26/06/2021	2021 British Championships
Catrin Jones	1999	WAL	54.87	83	105	188	26/06/2021	2021 British Championships
Rachel Leblanc-Bazinet	1988	CAN	54.90	82	99	181	26/07/2021	Tokyo Olympic Games
Jenly Tegu Wini	1983	SOL	54.66	75	101	176	24/09/2021	2021 Oceania Championships
Tenisha Thornton	2005	MLT	54.60	73	89	162	9/12/2021	2021 Commonwealth Championships
W. Chamari M. Warnakulasuriya	1990	SRI	54.60	70	90	160	9/12/2021	2021 Commonwealth Championships
Sky Norris	1999	JAM	53.30	70	86	156	9/12/2021	2021 Commonwealth Championships
Myonly Stephen	2006	NRU	51.60	63	80	143	24/09/2021	2021 Oceania Championships
Sandra Mensimah Owusu	2002	GHA	54.30	66	77	143	9/12/2021	2021 Commonwealth Championships
Srity Akther	1994	BAN	53.60	65	78	143	9/12/2021	2021 Commonwealth Championships
Caroline Wairimu	1990	KEN	54.70	50	65	115	9/12/2021	2021 Commonwealth Championships

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## WOMEN: 59KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Rafiatu Folashade Lawal ©	1996	NGR	57.80	92	115	207	11/12/2021	2021 Commonwealth Championships
Zoe Smith	1994	ENG	58.80	89	111	200	5/04/2021	2021 European Senior Championships
Tali Darsigny	1998	CAN	59.00	90	109	199	27/07/2021	Tokyo Olympic Games
Popy Hazarika	1998	IND	58.70	84	105	189	11/12/2021	2021 Commonwealth Championships
Hannah Crymle	1995	NIR	57.73	80	93	173	26/06/2021	2021 British Championships
Erika Yamasaki	1987	AUS	58.75	75	95	170	27/07/2021	Tokyo Olympic Games
Jodey Hughes	1983	SCO	58.76	71	93	164	26/06/2021	2021 British Championships
Mudiyanselage N.S. Rajapaksa	1990	SRI	58.40	74	90	164	11/12/2021	2021 Commonwealth Championships
Sian Peters	1988	WAL	58.02	66	90	156	26/06/2021	2021 British Championships
Winny Lagat	1988	KEN	58.80	67	87	154	11/12/2021	2021 Commonwealth Championships
Mary Kini Lifu	1994	SOL	57.28	65	80	145	24/09/2021	2021 Oceania Championships
Magdeline Moyengwa	2001	BOT	57.00	65	75	140	25/05/2021	2021 IWF Junior World Championships
Gini Rany	2003	BAN	57.05	56	70	126	25/05/2021	2021 IWF Junior World Championships

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## WOMEN: 64KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Maude Charron	1993	CAN	63.30	105	131	236	27/07/2021	Tokyo Olympic Games
Sarah Davies	1992	ENG	63.70	101	129	230	6/04/2021	2021 European Senior Championships
Sarah Cochrane ©	1989	AUS	63.66	100	120	220	24/09/2021	2021 Oceania Championships
Joy Ogbonne Eze	2004	NGR	63.75	88	110	198	28/05/2021	2021 African Championships
Yasmin Zammit-Stevens	1993	MLT	63.70	84	105	189	27/07/2021	Tokyo Olympic Games
Komal Khan	2001	IND	63.30	81	99	180	12/12/2021	2021 Commonwealth Championships
Caroline Doyle	1992	NIR	62.85	81	95	176	26/06/2021	2021 British Championships
Chloe Briggs	1997	WAL	63.40	76	95	171	26/06/2021	2021 British Championships
Elizabeth Granger	1991	NZL	63.30	76	90	166	12/12/2021	2021 Commonwealth Championships
Lesley Brown	1991	SCO	63.68	75	90	165	26/06/2021	2021 British Championships
Arshika Vijaybaskar	2001	SRI	63.60	70	90	160	12/12/2021	2021 Commonwealth Championships
Bernice Detudamo	2004	NRU	59.30	63	75	138	24/09/2021	2021 Oceania Championships
Farjana Akter Riya	2003	BAN	61.05	60	76	136	26/05/2021	2021 IWF Junior World Championships
Rachael Achieng	2004	KEN	62.85	60	70	130	28/05/2021	2021 African Championships

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NOTE: Sarah Davies was the winner of the Commonwealth Championship but, as she is from the host nation and in accordance with the CGF's "Athlete Allocation System", the automatic qualifying position goes to the second placed athlete.

## WOMEN: 71KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Sarah Davies	1992	ENG	70.50	102	132	234	13/12/2021	2021 Commonwealth Championships
Joy Ogbonne Eze ©	2004	NGR	69.40	100	130	230	13/12/2021	2021 Commonwealth Championships
Adreanne Messier	1999	CAN	70.90	100	119	219	5/11/2021	2021 Pan American Championships
Harjinder Kaur	1996	IND	69.20	90	121	211	13/12/2021	2021 Commonwealth Championships
Olivia Shelton	1993	AUS	71.00	90	117	207	25/09/2021	2021 Oceania Championships
Faye Pittman	1983	WAL	70.24	85	110	195	26/06/2021	2021 British Championships
Yasmin Zammit-Stevens	1993	MLT	69.74	88	102	190	7/04/2021	2021 European Senior Championships
Alice Aitchison	1999	SCO	67.84	83	105	188	26/06/2021	2021 British Championships
G.G.D.I. Gurugama	2003	SRI	69.00	74	94	168	13/12/2021	2021 Commonwealth Championships
Holly O'Shea	1996	GIB	68.35	71	91	162	26/06/2021	2021 British Championships
Rebekah Thompson	1980	NIR	68.89	68	92	160	26/06/2021	2021 British Championships
Talemaisawa Sebuta	2004	FIJ	70.30	63	75	138	25/09/2021	2021 Oceania Championships

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## WOMEN: 76KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Maya Laylor ©	1995	CAN	75.60	99	130	229	14/12/2021	2021 Commonwealth Championships
Emily Muskett (Godley)	1989	ENG	71.85	98	124	222	1/08/2021	Tokyo Olympic Games
Punam Yadev	1995	IND	75.20	98	122	220	14/12/2021	2021 Commonwealth Championships
Jeanne Gaelle Eyenga Mbo'ossi	1999	CMR	74.35	96	117	213	29/05/2021	2021 African Championships
Taiwo Liadi	2002	NGR	74.80	95	115	210	14/12/2021	2021 Commonwealth Championships
Ebony Gorincu	1989	AUS	73.86	91	117	208	25/09/2021	2021 Oceania Championships
Nancy Genzel Abouke	2003	NRU	71.80	90	113	203	1/08/2021	Tokyo Olympic Games
Agata Herbert	1988	SCO	73.63	88	105	193	26/06/2021	2021 British Championships
Amy Salt	1993	WAL	73.56	82	106	188	26/06/2021	2021 British Championships
Chloe Whyllie	1990	JAM	75.50	75	95	170	14/12/2021	2021 Commonwealth Championships
W.P.D.N. Sanjana	2004	SRI	75.20	73	85	158	14/12/2021	2021 Commonwealth Championships
Wilkister Nyiro	1992	KEN	73.95	70	84	154	29/05/2021	2021 African Championships
Avatu Opeloge	2004	SAM	73.60	64	83	147	25/09/2021	2021 Oceania Championships

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## WOMEN: 87KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Eileen Cikamatana	1999	AUS	84.70	110	140	250	25/09/2021	2021 Oceania Championships
Clementine Meukeugni Noubissi	1990	CMR	85.85	99	125	224	2/08/2021	Tokyo Olympic Games
Kristel Ngarlem ©	1995	CAN	81.60	99	125	224	16/12/2021	2021 Commonwealth Championships
Kanah Andrews-Nahu	2001	NZL	85.35	94	112	206	2/08/2021	Tokyo Olympic Games
Nicola Stiddard	1993	ENG	82.92	90	115	205	26/06/2021	2021 British Championships
Pavunraj Anurahda	1992	IND	87.00	90	105	195	16/12/2021	2021 Commonwealth Championships
Chathurika Priyanthi Balage	1992	SRI	84.40	80	105	185	16/12/2021	2021 Commonwealth Championships
Yvgeni Henderson	1988	JAM	85.60	74	96	170	16/12/2021	2021 Commonwealth Championships
Imoasina Pelenato	2006	SAM	81.90	67	92	159	25/09/2021	2021 Oceania Championships
Salome Manumua	2005	TGA	81.40	65	85	150	30/05/2021	2021 IWF Junior World Championships

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NOTE: Emily Campbell was the winner of the Commonwealth Championship but, as she is from the host nation and in accordance with the CGF's "Athlete Allocation System", the automatic qualifying position goes to the second placed athlete.

### WOMEN: >87KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Emily Campbell	1994	ENG	124.80	122	161	283	2/08/2021	Tokyo Olympic Games
Feagaiga Stowers	2000	SAM	124.65	114	144	258	26/09/2021	2021 Oceania Championships
Charisma Amoe-Tarrant	1999	AUS	154.05	105	138	243	2/08/2021	Tokyo Olympic Games
Purnima Pandey ©	1997	IND	99.40	102	127	229	16/12/2021	2021 Commonwealth Championships
Kuinini Manumua	2000	TGA	108.50	103	125	228	2/08/2021	Tokyo Olympic Games
Emma Friesen	2002	CAN	107.75	104	121	225	23/10/2021	2021 Pan American Junior Championships
W.T.N.J.B. Haputhanna	1999	SRI	114.50	81	106	187	16/12/2021	2021 Commonwealth Championships
Helen Seipua	2002	FIJ	111.85	80	95	175	26/09/2021	2021 Oceania Championships
Rebecca Gilbert	2000	NIR	92.42	76	96	172	26/06/2021	2021 British Championships



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## MEN: 55KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Mohamad Aniq Kasdan ©	2002	MAS	54.70	107	142	249	7/12/2021	2021 Commonwealth Championships
Davis Niyoyita	2004	UGA	54.60	95	125	220	7/12/2021	2021 Commonwealth Championships
Md Ashikur Rahman Taj	2001	BAN	54.25	92	108	200	23/04/2021	2021 IWF Junior World Championships
Ben Hickling	2002	ENG	54.59	82	107	189	26/06/2021	2021 British Championships
Benjamin Osiemo Ochoma	1999	KEN	54.10	55	80	135	7/12/2021	2021 Commonwealth Championships

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## MEN: 61KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Mumamad Aznil Biden ©	1994	MAS	61.00	120	153	273	9/12/2021	2021 Commonwealth Championships
Morea Baru	1990	PNG	61.00	118	147	265	25/07/2021	Tokyo Olympic Games
Gururaja	1992	IND	60.90	117	148	265	9/12/2021	2021 Commonwealth Championships
D.K. Thilanka W.K. Palagasinghe	1993	SRI	60.80	116	145	261	9/12/2021	2021 Commonwealth Championships
Emmanuel Appah	1999	NGR	55.45	115	140	255	27/05/2021	2021 African Championships
Youri Simard	2001	CAN	60.80	113	141	254	20/10/2021	2021 Pan American Junior Championships
Abubakar Ghani	2004	PAK	60.80	116	138	254	9/12/2021	2021 Commonwealth Championships
Davis Niyoyita	2004	UGA	59.70	96	126	222	27/05/2021	2021 African Championships
Kieran Stiles	1998	ENG	60.92	96	119	215	26/06/2021	2021 British Championships
Shadrack Cain	1999	NRU	59.30	85	110	195	24/09/2021	2021 Oceania Championships
Thapelo Nkhahle Sebota	1997	LES	60.75	81	105	186	27/05/2021	2021 African Championships
Stuart Shilliday	2001	NIR	58.95	76	100	176	26/06/2021	2021 British Championships
Kgotla Kgaswane	2000	BOT	60.15	70	100	170	27/05/2021	2021 African Championships

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## MEN: 67KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Talha Talib	1999	PAK	66.95	150	170	320	25/07/2021	Tokyo Olympic Games
Jeremy Lalrinnunga ©	2002	IND	66.80	141	164	305	10/12/2021	2021 Commonwealth Championships
Joseph Umofia Edidiong	2002	NGR	66.80	135	160	295	9/12/2021	2021 Commonwealth Championships
Vaipava Nevo loane	1988	SAM	66.75	124	165	289	24/09/2021	2021 Oceania Championships
U. Manoj M. Wijesinghe A.	1992	SRI	63.40	113	141	254	9/12/2021	2021 Commonwealth Championships
Chris Freebury	1989	ENG	66.63	118	135	253	26/06/2021	2021 British Championships
Reuben Katoatau	1997	KIR	67.00	105	140	245	25/07/2021	Tokyo Olympic Games
Ditto Ika	2006	NRU	66.00	96	135	231	24/09/2021	2021 Oceania Championships
Julius Ssekitoleko	2000	UGA	63.70	100	130	230	28/05/2021	2021 African Championships
Antonio Capavanni	1993	SCO	64.03	91	110	201	26/06/2021	2021 British Championships
Simon Dago	2000	PNG	62.30	80	105	185	24/09/2021	2021 Oceania Championships

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## MEN: 73KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Achinta Sheuli ©	2001	IND	72.80	143	173	316	10/12/2021	2021 Commonwealth Championships
Muhammad Erry Hidayat	1999	MAS	72.80	136	165	301	10/12/2021	2021 Commonwealth Championships
Shad Darsigny	2003	CAN	72.70	131	160	291	26/05/2021	2021 IWF Junior World Championships
Brandon Wakeling	1994	AUS	72.40	125	166	291	28/07/2021	Tokyo Olympic Games
D.M. Indika C. Dissanayake	1989	SRI	72.70	130	156	286	10/12/2021	2021 Commonwealth Championships
Jonathan Chin	1994	ENG	72.43	124	161	285	26/06/2021	2021 British Championships
John Tafi	2002	SAM	71.10	123	161	284	25/09/2021	2021 Oceania Championships
Michael Farmer	1999	WAL	69.25	127	154	281	26/06/2021	2021 British Championships
Ezekiel Moses	2001	NRU	72.00	122	155	277	25/09/2021	2021 Oceania Championships
Anthony Libasia Masinde	1989	KEN	72.40	121	140	261	10/12/2021	2021 Commonwealth Championships
Hakim Musoke Ssempereza	1995	UGA	72.30	112	138	250	28/05/2021	2021 African Championships
Ruben Katoatau	1997	KIR	73.00	105	145	250	25/09/2021	2021 Oceania Championships
Craig Carfrey	1988	SCO	72.32	105	140	245	26/06/2021	2021 British Championships
Machachamise Ernest Nt'Sinyi	1998	LES	73.00	100	130	230	28/05/2021	2021 African Championships
Solomoni Lili Vira	2004	FIJ	72.80	105	115	220	25/09/2021	2021 Oceania Championships

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## MEN: 81KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Nicolas Vachon	1996	CAN	80.75	145	180	325	5/11/2021	2021 Pan American Championships
Ajay Singh ©	1997	IND	80.90	147	175	322	11/12/2021	2021 Commonwealth Championships
Kyle Bruce	1999	AUS	80.80	140	176	316	12/12/2021	2021 Commonwealth Championships
Cameron McTaggart	1997	NZL	80.80	140	175	315	31/07/2021	Tokyo Olympic Games
Chris Murray	1999	ENG	80.46	143	170	313	26/06/2021	2021 British Championships
Chinthana G. Vidanage	1981	SRI	80.70	134	166	300	11/12/2021	2021 Commonwealth Championships
Ahmed Valdy Njoya	1999	CMR	80.40	131	165	296	28/05/2021	2021 African Championships
Jason Epton	2003	SCO	80.51	122	161	283	26/06/2021	2021 British Championships
Larko Doguape	2000	NRU	77.20	120	155	275	25/09/2021	2021 Oceania Championships
Omarie A. Mears	1993	JAM	80.60	125	141	266	11/12/2021	2021 Commonwealth Championships
Tom Ingram	1998	WAL	79.97	120	145	265	26/06/2021	2021 British Championships
Igo Lohia	1999	PNG	80.00	110	150	260	25/09/2021	2021 Oceania Championships
Anton Micallef	1991	MLT	80.70	114	136	250	11/12/2021	2021 Commonwealth Championships
Ivan Masakwe	1990	UGA	80.25	110	130	240	28/05/2021	2021 African Championships
Geoffrey Odour	1999	KEN	76.40	95	120	215	11/12/2021	2021 Commonwealth Championships

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## MEN: 96KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Boady Santavy ©	1997	CAN	95.40	178	208	386	31/07/2021	Tokyo Olympic Games
Don Opeloge	1999	SAM	95.25	159	200	359	26/09/2021	2021 Oceania Championships
Antonis Martasidis	1992	CYP	90.70	153	190	343	14/12/2021	2021 Commonwealth Championships
Vikas Thakur	1993	IND	96.00	150	189	339	14/12/2021	2021 Commonwealth Championships
David James	1993	AUS	92.25	150	185	335	26/09/2021	2021 Oceania Championships
Christian Amoah	1999	GHA	94.45	149	184	333	29/05/2021	2021 African Championships
Denis Essama Owona	1989	CMR	94.70	138	175	313	13/12/2021	2021 Commonwealth Championships
Taniela Rainibugi	1998	FIJ	94.95	145	167	312	26/09/2021	2021 Oceania Championships
Zubair Kubo	1995	UGA	95.20	140	170	310	29/05/2021	2021 African Championships
Jack Dobson	1993	ENG	94.38	138	172	310	26/06/2021	2021 British Championships
Cedric Coiret	1991	MRI	94.90	130	166	296	13/12/2021	2021 Commonwealth Championships
David Steel	1986	SCO	94.75	130	165	295	26/06/2021	2021 British Championships
Shanaka M. Peters	1991	SRI	95.10	130	165	295	13/12/2021	2021 Commonwealth Championships
Johnny Reaney	1994	NIR	91.96	133	150	283	26/06/2021	2021 British Championships
Jiarul Islam	1995	BAN	95.50	123	153	276	13/12/2021	2021 Commonwealth Championships
Filip Taylor	1997	WAL	95.22	117	150	267	26/06/2021	2021 British Championships
Sepa Simoi	2002	PNG	95.70	110	141	251	26/09/2021	2021 Oceania Championships
Freedom Scotty	1997	NRU	95.70	110	140	250	26/09/2021	2021 Oceania Championships
Dikabelo Solomon	1995	BOT	89.75	116	132	248	29/05/2021	2021 African Championships

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## MEN: 109KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Junior P. Ndadja Nyabeyeu ©	1993	CMR	105.90	160	200	360	16/12/2021	2021 Commonwealth Championships
Lovepreet Singh	1997	IND	108.90	161	187	348	16/12/2021	2021 Commonwealth Championships
Petelo Lautusi	1996	SAM	108.75	150	193	343	26/09/2021	2021 Oceania Championships
Matthew Lydement	1994	AUS	108.35	158	180	338	3/08/2021	Tokyo Olympic Games
Richard Davidson	1994	CAN	108.30	147	190	337	6/11/2021	2021 Pan American Championships
Jordan Sakkas	1999	WAL	105.23	147	183	330	26/06/2021	2021 British Championships
Hanzala Dastagir Butt	2002	PAK	108.70	145	182	327	16/12/2021	2021 Commonwealth Championships
Christopher Palser-Thorne	1993	ENG	107.80	140	180	320	26/06/2021	2021 British Championships

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## MEN: >109KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
David Liti ©	1996	NZL	176.55	178	236	414	4/08/2021	Tokyo Olympic Games
Muhammad Nooh Dastigir Butt	1998	PAK	165.20	165	225	390	17/12/2021	2021 Commonwealth Championships
Gurdeep Singh	1995	IND	159.10	172	217	389	17/12/2021	2021 Commonwealth Championships
Miklos Bencsik	1989	CAN	144.30	155	205	360	17/12/2021	2021 Commonwealth Championships
Suamili Nanai	1995	AUS	129.65	153	200	353	26/09/2021	2021 Oceania Championships
Andrew Griffiths	1993	ENG	117.14	155	180	335	26/06/2021	2021 British Championships
Ushan C. Vidanapathirana	1993	SRI	146.50	135	180	315	17/12/2021	2021 Commonwealth Championships
Godfrey Baligea	1987	UGA	115.00	110	145	255	17/12/2021	2021 Commonwealth Championships