

2016 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

Produced by: Michael Noonan

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MEN: TOP-25 ABSOLUTE

56kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Guru Raja Poojary	1992	IND	55.98	108	141	249	26-Oct	Penang, MAS
Hazal Wafie Muhammad Azroy	1994	MAS	55.65	109	136	245	13-Dec	Doha, QAT
Manueli Tulo	1990	FIJ	55.81	106	136	242	7-Aug	Rio de Janeiro, BRA
J.A. Chaturanga Lakmal	1988	SRI	55.70	113	127	240	24-Apr	Tashkent, UZB
T.B.C. Lalchhanhima	1992	IND	55.79	103	135	238	26-Dec	Nagercoil, IND
Korada Ramana	1989	IND	55.66	105	132	237	26-Dec	Nagercoil, IND
D.I.K. Yodage	1996	SRI	55.46	104	131	235	26-Oct	Penang, MAS
Dipak Ramesh Mahajan	1991	IND	55.80	106	129	235	24-Apr	Tashkent, UZB
Jeremy Lalrinnunga	2002	IND	55.84	108	127	235	21-Oct	Penang, MAS
E.A.D.K.D. Edogawatte	1988	SRI	55.70	106	128	234	24-Apr	Tashkent, UZB
Muthupandi Raja	2000	IND	55.93	100	133	233	21-Oct	Penang, MAS
Ranjit Chinchwade	1991	IND	55.49	101	131	232	26-Dec	Nagercoil, IND
Zulhelmi Md Pisol	1993	MAS	55.85	103	128	231	24-Apr	Tashkent, UZB
Shubham Todkar	1997	IND	55.66	100	130	230	30-Nov	Bhubaneswar, IND
Abdullah Ghafoor	1986	PAK	55.56	101	128	229	8-Dec	Lahor, PAK
Yeadula Shiva Kumar	1989	IND	55.62	104	125	229	14-Nov	Merida, MEX
Usman Akbar	1982	PAK	55.78	104	125	229	8-Dec	Lahor, PAK
S. Mohana Sundaram	1983	IND	55.46	105	123	228	26-Dec	Nagercoil, IND
Mohd Yusoff Nandong	1998	MAS	55.94	100	128	228	22-Jul	Samarahan, MAS
Chanambam Rishikanta Singh	1998	IND	55.54	103	124	227	30-Nov	Bhubaneswar, IND
Zakhuma	2001	IND	55.65	101	126	227	30-Nov	Bhubaneswar, IND
Ahed Mahmood Akhtar	1993	PAK	55.80	101	126	227	10-May	Lahor, PAK
Elson Brechtefeld	1994	NRU	56.00	97	130	227	19-Mar	Brisbane, AUS
Roney Jesus	1998	MAS	55.97	100	125	225	26-Oct	Penang, MAS
Suvichar Parmaje	1991	IND	55.30	99	125	224	26-Dec	Nagercoil, IND

62kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Morea Baru	1990	PNG	61.90	126	165	291	19-Mar	Brisbane, AUS
Nevo Ioane	1988	SAM	61.78	125	162	287	26-Feb	Apia, SAM
Muhammad Zaidi Nordin	1997	MAS	61.90	117	150	267	24-Jul	Samarahan, MAS
Jamjang Deru	1998	IND	61.26	113	153	266	27-Dec	Nagercoil, IND
Muhammad Aznil Bidin	1994	MAS	61.50	115	150	265	25-Apr	Tashkent, UZB
K.S. Anton Sudesh Peiris	1985	SRI	61.90	115	150	265	6-Feb	Guwahati, IND
Muhammad Shahzad	1990	PAK	61.44	118	145	263	8-Dec	Lahor, PAK
Oliver Matam Matam	1993	CMR	61.82	115	147	262	9-May	Yaounde, CMR
Anthony Raj	1993	IND	61.37	114	147	261	27-Dec	Nagercoil, IND
Charles Ssekyaaya	1994	UGA	61.44	115	146	261	9-May	Yaounde, CMR
Gareth Evans	1986	WAL	61.65	119	142	261	11-Apr	Forde, NOR
Ianne Guinares	1988	NZL	61.70	115	145	260	7-May	Auckland, NZL
D.K.T.W.K Palangasinghe	1993	SRI	61.89	118	141	259	26-Oct	Penang, MAS
F. Gopal Anbarasu	1986	IND	61.94	115	144	259	26-Oct	Penang, MAS
Talha Talib	1999	PAK	61.85	117	141	258	22-Oct	Penang, MAS
Muhammad Hazirul Yazid	1997	MAS	61.92	112	146	258	24-Jul	Samarahan, MAS
Gulam Navi	2000	IND	61.60	110	145	255	1-Dec	Bhubaneswar, IND
Valluri Srinivasa Rao	1981	IND	61.82	112	143	255	27-Dec	Nagercoil, IND
Susanta Sahu	1991	IND	61.86	115	140	255	27-Dec	Nagercoil, IND
Faisal Shafique		PAK	61.52	111	142	253	8-Dec	Lahor, PAK
Sangeeth P.W. Chandadara Sirisenag	1984	SRI	61.73	110	143	253	26-Oct	Penang, MAS
Yukar Tachak	2000	IND	61.45	112	140	252	1-Dec	Bhubaneswar, IND
K. Gowri Babu	1991	IND	61.55	106	140	246	27-Dec	Nagercoil, IND
Chad Langan	1992	CAN	61.90	108	136	244	6-Nov	Mississauga, CAN
Lalzuidika	1997	IND	61.22	111	132	243	1-Dec	Bhubaneswar, IND

69kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Mohd Hafifi Mansor	1990	MAS	68.71	140	176	316	9-Aug	Rio de Janeiro, BRA
Fred Oala	1996	PNG	68.90	125	166	291	26-Feb	Mont Dore, FRA
Sambo Lapung	1997	IND	68.91	125	166	291	27-Dec	Nagercoil, IND
Deepak Lather	2000	IND	67.91	130	160	290	27-Dec	Nagercoil, IND
Patrick Pasia	1995	SAM	69.00	125	164	289	26-Feb	Apia, SAM
Greg Shushu	1980	RSA	68.20	127	161	288	27-May	Johannesburg, RSA
Abu Sufyan	1993	PAK	68.70	128	160	288	11-May	Lahor, PAK
K.S. Anton Sudesh Peiris	1985	SRI	68.94	127	161	288	27-Oct	Penang, MAS
Gareth Evans	1986	WAL	68.66	129	158	287	27-Oct	Penang, MAS
D.M.I.C. Dissanayake	1989	SRI	68.99	128	157	285	27-Oct	Penang, MAS
Shankar Ganesh	1992	IND	68.45	127	157	284	27-Dec	Nagercoil, IND
Lalu Taku	1998	IND	68.65	126	157	283	27-Dec	Nagercoil, IND
Dimitris Minasidis	1989	CYP	66.10	130	152	282	18-Mar	Limassol, CYP
Francis Luna-Grenier	1987	CAN	68.90	123	157	280	1-Apr	La Prairie, CAN
Akshay Gaikwad	1996	IND	68.49	124	154	278	27-Dec	Nagercoil, IND
Haris Butt		PAK	68.42	123	154	277	8-Dec	Lahor, PAK
Umer Ashfaq		PAK	68.30	126	150	276	8-Dec	Lahor, PAK
Nikolay Varbanov	1999	CAN	68.30	120	155	275	3-Dec	Toronto, CAN
Edouard Freve-Guerin	1996	CAN	68.93	120	155	275	3-Dec	Saint-Hyacinthe, CAN
P. Prabakaran	1996	IND	68.20	117	156	273	2-Dec	Bhubaneswar, IND
Achinta Sheuli	2000	IND	67.59	120	151	271	2-Dec	Bhubaneswar, IND
Alex Bellemarre	1998	CAN	68.60	124	147	271	16-Jan	Regina, CAN
Atish Patel	1996	IND	67.76	120	150	270	27-Dec	Nagercoil, IND
Furqan Anwar		PAK	68.82	122	145	267	8-Dec	Lahor, PAK
Kapil Singh Rathore	1993	IND	67.99	119	147	266	27-Dec	Nagercoil, IND
Oliver Dupuis	1997	CAN	68.97	120	146	266	4-Nov	La Prairie, CAN
Vester Villalon	1991	NZL	69.00	116	150	266	19-Mar	Whangarei, NZL

77kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Sivalingam Sathish Kumar	1992	IND	76.98	151	185	336	17-Jun	Patiala, IND
Ajay Kumar Singh	1997	IND	76.57	144	174	318	27-Oct	Penang, MAS
Jack Oliver	1991	ENG	76.35	144	173	317	13-Apr	Forde, NOR
Mohamad Fazrul Azrie	1995	MAS	76.80	140	177	317	27-Apr	Tashkent, UZB
Loro Wellkinson Peugi	1995	MAS	76.40	145	171	316	27-Apr	Tashkent, UZB
Papul N. Changmai	1994	IND	75.94	138	175	313	28-Dec	Nagercoil, IND
Amarjit Guru	1995	IND	74.79	137	169	306	28-Dec	Nagercoil, IND
Jean-Baptist Yanou-Ketchanke	1993	CMR	76.06	140	162	302	11-May	Yaounde, CMR
Chinthana Geetal Vidanage	1981	SRI	74.90	133	167	300	7-Feb	Guwahati, IND
Taretiita Tabaroua	1994	KIR	75.80	130	170	300	17-Dec	Mont Dore, FRA
Alex Bellemarre	1998	CAN	76.22	139	161	300	15-Nov	Merida, MEX
Toafitu Perive	1988	SAM	76.99	130	170	300	26-Feb	Apia, SAM
Guy Michel Tchiussi	1995	CMR	76.10	130	166	296	31-Jan	Manchester, England, GBR
Francois Etoundi	1984	AUS	77.00	135	160	295	17-Dec	Melbourne, AUS
Francis Luna-Grenier	1987	CAN	71.80	131	163	294	21-May	Richmond, CAN
Jerome Boisclair	1991	CAN	76.85	132	162	294	21-May	Richmond, CAN
Fredric Eyoum	1995	CMR	74.23	135	158	293	11-May	Yaounde, CMR
Kojum Taba	1997	IND	76.02	131	160	291	24-Feb	Patna, IND
Haider Ali	1995	PAK	71.00	128	160	288	11-May	Lahor, PAK
Gaurav	1990	IND	76.15	130	158	288	28-Dec	Nagercoil, IND
V. Muthu Kumar	1986	IND	76.17	125	163	288	28-Dec	Nagercoil, IND
Sombir	1994	IND	76.25	128	160	288	28-Dec	Nagercoil, IND
Adam Masse	1991	CAN	75.10	130	157	287	21-May	Richmond, CAN
Daniel Katz	1990	AUS	76.35	127	160	287	10-Sep	Brisbane, AUS
Francois Valiquette	1995	CAN	76.60	124	163	287	13-Aug	Toronto, CAN

85kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Pascal Plamodon	1992	CAN	85.00	155	190	345	12-Aug	Rio de Janeiro, BRA
Vikas Thakur	1993	IND	84.40	155	182	337	17-Jun	Patiala, IND
Richard Patterson	1983	NZL	84.13	149	181	330	12-Aug	Rio de Janeiro, BRA
Kojum Taba	1997	IND	84.34	146	184	330	28-Oct	Penang, MAS
Boady Santavy	1997	CAN	84.70	150	180	330	16-Jan	Regina, CAN
Antonis Martasidis	1992	CYP	84.40	145	182	327	19-Mar	Limassol, CYP
Jack Oliver	1991	ENG	78.90	146	180	326	20-Mar	Mutterstadt, GER
Mohamad Fazrul Azrie	1995	MAS	81.36	150	176	326	27-Jul	Samarahan, MAS
Petunu Opeloge	1993	SAM	84.67	145	180	325	26-Feb	Apia, SAM
Ragala Venkat Rahul	1997	IND	83.79	139	178	317	28-Dec	Nagercoil, IND
Harshad Wadekar	1995	IND	84.49	141	176	317	28-Dec	Nagercoil, IND
Harsha D.R.	1994	IND	84.23	134	177	311	28-Dec	Nagercoil, IND
Malek Chamoun	1989	AUS	84.40	140	170	310	27-May	Suva, FIJ
Simon Pratte	1996	CAN	84.92	138	170	308	2-Apr	La Prairie, CAN
Mathieu Marineau	1990	CAN	84.70	137	170	307	13-Aug	Toronto, CAN
Francois Etoundi	1984	AUS	80.88	136	166	302	28-Oct	Penang, MAS
Mitchell Delbridge	1987	AUS	84.40	142	160	302	14-May	Brisbane, AUS
Mangal Singh	1990	IND	84.26	132	169	301	28-Dec	Nagercoil, IND
Jean-Baptist Yanou-Ketchanke	1993	CMR	80.30	135	165	300	13-Feb	Saint Medard en Jalles, FRA
Liam Larkins	1993	AUS	85.00	133	167	300	12-Mar	Melbourne, AUS
Guarav Tomar	1993	IND	83.06	132	167	299	28-Dec	Nagercoil, IND
Mohammad Tahir	1992	PAK	84.54	137	160	297	9-Dec	Lahor, PAK
Bhinder Pal	1996	IND	81.83	134	162	296	28-Dec	Nagercoil, IND
Felix-Antoine Bouffard	1996	CAN	84.56	134	161	295	5-Nov	La Prairie, CAN
Pierre-Alexandre Bessette	1999	CAN	84.46	134	160	294	5-Nov	La Prairie, CAN
Logan Baker	1993	CAN	84.48	134	160	294	16-Nov	Merida, MEX

94kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Siaosi Leuo	1992	SAM	93.20	150	200	350	26-Feb	Apia, SAM
Sonny Webster	1994	ENG	93.40	152	194	346	11-Jun	Coventry, England, GBR
Owen Boxall	1990	ENG	93.60	150	193	343	11-Jun	Coventry, England, GBR
Simplice Ribouem	1982	AUS	93.25	155	185	340	13-Aug	Rio de Janeiro, BRA
Boady Santavy	1997	CAN	89.80	155	183	338	6-Nov	Mississauga, CAN
Koliata Petelo	1993	SAM	93.89	150	182	332	26-Feb	Apia, SAM
Pardeep Singh	1995	IND	93.20	145	186	331	8-Feb	Guwahati, IND
Cyrille Fagat Tchatchet II	1995	CMR	92.10	145	185	330	30-Jan	Manchester, England, GBR
David Samayoa	1992	CAN	92.85	150	178	328	11-Jun	Cartagena, COL
Simon Pratte	1996	CAN	88.12	146	181	327	3-Dec	Saint-Hyacinthe, CAN
Usman Amjad Rathore	1987	PAK	93.20	150	172	322	8-Feb	Guwahati, IND
Gabriel Dagenais	1997	CAN	93.22	140	180	320	5-Nov	La Prairie, CAN
Jagdish Vishwakarma	1994	IND	85.03	140	178	318	29-Dec	Nagercoil, IND
Forrester Osei	1989	GHA	92.60	137	180	317	11-Jun	Coventry, England, GBR
Jean-Marc Beland	1984	CAN	90.87	145	171	316	2-Apr	La Prairie, CAN
Richard Patterson	1983	NZL	90.10	150	165	315	9-Jan	Tauranga, NZL
Petit David Minkoumba	1989	CMR	90.43	142	173	315	12-May	Yaounde, CMR
Edmon Avetisyan	1994	ENG	93.50	145	170	315	30-Jan	Manchester, England, GBR
Sahil Sharma	1996	IND	93.26	141	173	314	29-Dec	Nagercoil, IND
Mikael Gonsalves	1992	CAN	93.60	135	179	314	13-Aug	Toronto, CAN
Mitchell Barnard	1990	CAN	92.45	142	171	313	21-May	Richmond, CAN
Balraj Sharma	1986	IND	93.95	134	177	311	29-Dec	Nagercoil, IND
Giles Caza	1997	CAN	93.00	140	170	310	16-Jan	Regina, CAN
Jaures Tchouden Tchamgoue	1997	CMR	91.66	137	172	309	12-May	Yaounde, CMR
Stas Chalaev	1986	NZL	93.70	141	166	307	15-Oct	Auckland, NZL

105kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
David Kotoatau	1984	KIR	104.09	150	207	357	26-Feb	Mont Dore, FRA
Junior Tasi	1995	SAM	104.73	155	200	355	26-Feb	Apia, SAM
Owen Boxall	1990	ENG	103.20	158	195	353	29-Oct	Penang, MAS
Sanele Mao	1985	SAM	104.98	152	195	347	26-Feb	Apia, SAM
Sonny Webster	1994	ENG	95.30	147	185	332	19-Mar	Caen, FRA
Vishal Solanki	1993	IND	103.41	150	180	330	29-Dec	Nagercoil, IND
Ryan Meidl	1987	CAN	104.60	146	184	330	21-May	Richmond, CAN
Zac Grgurevic	1991	AUS	104.25	145	182	327	23-Jul	Melbourne, AUS
Victor Alibash Christopher	1986	IND	104.43	142	183	325	29-Dec	Nagercoil, IND
Rory Taylor	1990	NZL	104.60	141	180	321	27-Feb	Auckland, NZL
Richard Jones	1986	NZL	104.80	145	175	320	26-Nov	Auckland, NZL
Chandrakant Dadu Mali	1987	IND	103.70	143	176	319	29-Dec	Nagercoil, IND
Andy Barakauskas	1992	NZL	104.30	142	177	319	10-Dec	Christchurch, NZL
Elisha Louis Tan Kim Ho	1992	MAS	104.66	148	170	318	29-Oct	Penang, MAS
Lovepreet Singh	1997	IND	100.90	143	174	317	4-Dec	Bhubaneswar, IND
Saddam Sajid		PAK	104.58	145	172	317	12-May	Lahor, PAK
Adam Fedorciow	1990	ENG	102.86	136	180	316	10-Jan	London, England, GBR
Azhar Amir		PAK	104.04	146	170	316	12-May	Lahor, PAK
Annas Javaid	1995	PAK	103.62	141	172	313	9-Dec	Lahor, PAK
Sio (Joe) Pomelile	1993	NZL	104.45	135	178	313	16-Oct	Auckland, NZL
Jacob Fast	1992	ENG	103.80	138	172	310	11-Jun	Coventry, England, GBR
Rafal Korkowski	1980	CAN	104.80	146	164	310	21-May	Richmond, CAN
Tahir Ahmad		PAK	100.04	138	170	308	9-Dec	Lahor, PAK
Matthew Lydement	1994	AUS	104.25	142	166	308	26-Nov	Brisbane, AUS
Bharat Singh	1988	IND	104.52	137	171	308	29-Dec	Nagercoil, IND

+105kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Muhammad Nooh Dastgir Butt	1998	PAK	150.00	165	215	380	9-Dec	Lahor, PAK
Lauititi Lui	1995	SAM	133.00	170	207	377	26-Feb	Apia, SAM
Itte Detenamo	1986	NRU	170.03	168	208	376	28-May	Suva, FIJ
David Liti	1996	NZL	149.40	158	216	374	10-Dec	Auckland, NZL
Damon Kelly	1983	AUS	145.39	168	205	373	28-May	Suva, FIJ
George Kobaladze	1976	CAN	137.43	163	208	371	2-Apr	La Prairie, CAN
Himanshu Kumar Chang	1992	IND	162.39	161	202	363	30-Dec	Nagercoil, IND
Muhammad Abdullah Butt	1997	PAK	126.76	161	201	362	12-May	Lahor, PAK
Gurdeep Singh	1995	IND	148.60	161	200	361	30-Dec	Nagercoil, IND
Darius Jokarzadeh	1993	WAL	127.17	162	195	357	16-Apr	Forde, NOR
Jaspreet Singh	1992	IND	141.59	152	192	344	30-Dec	Nagercoil, IND
Andy Barakauskas	1992	NZL	116.82	155	188	343	28-May	Suva, FIJ
Vipin Kumar	1990	IND	137.75	152	191	343	30-Dec	Nagercoil, IND
Andrew Ruegg	1986	ENG	126.95	153	184	337	26-Mar	London, England, GBR
Miklos Bencsik	1989	CAN	121.15	145	190	335	21-May	Richmond, CAN
Aisake Tuitupou	1994	NZL	145.00	150	185	335	17-Dec	Auckland, NZL
Joshua Martin	1984	CAN	142.11	150	180	330	2-Apr	Calgary, CAN
Jacob Fast	1992	ENG	115.70	145	182	327	26-Nov	London, England, GBR
Zac Grgurevic	1991	AUS	108.40	146	180	326	8-Oct	Melbourne, AUS
Tovia Opeloge	1990	SAM	113.00	145	180	325	26-Feb	Apia, SAM
Gabriel Auclair	1984	CAN	123.00	140	185	325	23-Jul	Halifax, CAN
Geoff Gray	1994	CAN	136.40	144	181	325	2-Apr	Calgary, CAN
Sarabjit Singh	1983	IND	148.05	155	170	325	30-Dec	Nagercoil, IND
Phillip Wood	1987	AUS	127.25	146	177	323	12-Mar	Melbourne, AUS
Daniel Nemani	1981	NZL	150.00	145	176	321	5-Jun	Hobart, AUS

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WOMEN: TOP-25 ABSOLUTE

48kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Saikhom Mirabai Chanu	1994	IND	47.84	85	107	192	17-Jun	Patiala, IND
Khumukcham Sanjita Chanu	1994	IND	48.00	79	106	185	26-Dec	Nagercoil, IND
Marie Hanitra Roilya Ranaivosoa	1990	MRI	47.58	78	102	180	8-May	Yaounde, CMR
Amanda Braddock	1989	CAN	47.70	75	93	168	2-Apr	Toronto, CAN
Thelma Toua	1991	PNG	47.80	75	92	167	17-Dec	Mont Dore, FRA
Poonam Dalal	1996	IND	47.50	73	88	161	22-Feb	Patna, IND
Erika Yamasaki	1987	AUS	47.84	71	88	159	25-May	Suva, FIJ
Dipali Gursale	1996	IND	45.82	70	85	155	30-Nov	Bhubaneswar, IND
Chandrika Tarafdar	1996	IND	46.40	70	85	155	22-Feb	Patna, IND
P. Ganga Devi	1997	IND	47.12	67	87	154	30-Nov	Bhubaneswar, IND
Mohini Daryappa Chavan	1999	IND	48.00	68	86	154	30-Nov	Bhubaneswar, IND
Jhilli Dalabehera	1999	IND	46.95	67	85	152	30-Nov	Bhubaneswar, IND
Hannah Powell	1992	WAL	47.26	66	86	152	10-Sep	Forde, NOR
Dinusha Hansami Bomiriyage Gomas	1992	SRI	47.68	66	82	148	26-Oct	Penang, MAS
B. Usha	1991	IND	47.57	66	81	147	26-Dec	Nagercoil, IND
Catrin Haf Jones	1999	WAL	47.00	65	81	146	12-Mar	Bangor, Wales, GBR
Sandy Huang	1996	CAN	47.50	61	84	145	3-Dec	Toronto, CAN
Molla Shabira	1990	BAN	47.50	63	80	143	6-Feb	Guwahati, IND
Caroll Anne Paul	1993	CAN	47.83	62	80	142	4-Nov	La Prairie, CAN
Ancy Daniel	1995	IND	47.49	60	81	141	26-Dec	Nagercoil, IND
Monica Uweh	1999	NGR	47.40	60	80	140	8-May	Yaounde, CMR
Kelly-Jo Robson	1988	ENG	47.85	62	78	140	26-Nov	Alfreton, England, GBR
Navjot Kaur	1994	IND	47.43	59	80	139	26-Dec	Nagercoil, IND
Portia Vries	1984	RSA	47.85	58	81	139	26-May	Johannesburg, RSA
Bernada Uepa	2000	NRU	48.00	60	77	137	16-Sep	NRU

53kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Matsa Santoshi	1994	IND	51.50	83	103	186	26-Dec	Nagercoil, IND
Joti Mal	1996	IND	52.98	76	103	179	12-Nov	Tokoyo, JPN
S. Sangeetha	1995	IND	51.90	81	96	177	23-Feb	Patna, IND
Harshdeep Kaur	1994	IND	52.71	77	100	177	26-Dec	Nagercoil, IND
Manalisha Sonowal	1996	IND	51.72	79	97	176	1-Dec	Bhubaneswar, IND
Sushila Majhi	1995	IND	52.56	75	97	172	26-Dec	Nagercoil, IND
K. Venkata Lakshmi	1992	IND	52.52	71	98	169	26-Dec	Nagercoil, IND
M. Purnima Chanu	1998	IND	53.00	72	96	168	23-Feb	Patna, IND
Amanda Braddock	1989	CAN	49.90	76	91	167	9-Jul	Toronto, CAN
Rupa Hanagndi	1998	IND	52.80	73	94	167	23-Feb	Patna, IND
Mary Kini Lifu	1994	SOL	52.93	75	92	167	17-Dec	Mont Dore, FRA
Vanessa Zingaro	1990	CAN	52.00	73	93	166	6-Feb	Toronto, CAN
Amandeep Kaur	1989	IND	52.52	76	90	166	26-Dec	Nagercoil, IND
Deeksha Gaikwad	1990	IND	52.65	74	92	166	26-Dec	Nagercoil, IND
Jessica Jean-Augustine	1996	CAN	52.70	75	91	166	13-Aug	Toronto, CAN
Gauri Pandey	1998	IND	52.41	66	98	164	1-Dec	Bhubaneswar, IND
Ann-Maxime Bouffard	1998	CAN	52.95	74	90	164	4-Nov	La Prairie, CAN
Phillipa Patterson	1984	NZL	52.47	73	90	163	26-Oct	Penang, MAS
W.C.M. Warnakulasuriya	1990	SRI	52.50	74	87	161	26-Oct	Penang, MAS
Rachel Leblanc-Bazinet	1988	CAN	52.99	71	90	161	1-Apr	La Prairie, CAN
Adrienne Arnaud	1987	CAN	52.60	68	91	159	6-Feb	Toronto, CAN
Fraer Morrow	1998	ENG	52.20	68	90	158	11-Jun	Coventry, England, GBR
Fatima Yakubu	1996	NGR	52.63	72	86	158	8-May	Yaounde, CMR
Sorokhaibam Bindyarani Devi	1999	IND	51.80	68	87	155	23-Feb	Patna, IND
Erin Lambert	1985	CAN	52.30	65	90	155	9-Jul	Toronto, CAN

58kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Chineye Fidelis	1993	NGR	56.81	87	122	209	10-May	Yaounde, CMR
Jenly Wini Tagu	1983	SOL	57.70	85	112	197	26-Feb	Mont Dore, FRA
Sagolsem Thasana Chanu	1997	IND	57.00	85	109	194	23-Feb	Patna, IND
Tia-Clair Toomey	1993	AUS	57.47	85	109	194	25-May	Suva, FIJ
Tali Darsigny	1998	CAN	57.76	87	106	193	15-Nov	Merida, MEX
Racheal Ekoshoria	1994	NGR	56.44	82	110	192	10-May	Yaounde, CMR
Lacey Rhodes (Van Der Marel)	1987	CAN	57.50	92	100	192	2-Apr	Toronto, CAN
Sarah Davies	1992	ENG	57.61	86	106	192	12-Apr	Forde, NOR
Seen Lee	1982	AUS	57.75	86	102	188	19-Mar	Brisbane, AUS
Saraswati Rout	1995	IND	57.88	81	106	187	27-Dec	Nagercoil, IND
Amandeep Kaur	1988	IND	57.43	81	100	181	27-Dec	Nagercoil, IND
Clementina Agricole	1988	SEY	56.71	77	101	178	10-May	Yaounde, CMR
Rachel Leblanc-Bazinet	1988	CAN	57.78	80	97	177	14-Nov	Merida, MEX
L. Premeshowri Devi	1984	IND	56.53	80	96	176	27-Dec	Nagercoil, IND
Erika Yamasaki	1987	AUS	57.40	76	100	176	8-Oct	Melbourne, AUS
Caroline Lamarche-McClure	1995	CAN	57.74	78	97	175	4-Nov	La Prairie, CAN
Shila Panjavi	1991	ENG	57.80	74	101	175	12-Jun	Coventry, England, GBR
Jessica Jean	1996	CAN	57.60	76	98	174	6-Feb	Toronto, CAN
Navdeep Kaur	1987	IND		76	98	174	23-Jan	Chandigarh, IND
Erra Deexitha	1997	IND	57.74	78	95	173	27-Dec	Nagercoil, IND
Alethea Boon	1984	NZL	56.60	75	97	172	27-Feb	Auckland, NZL
Sarah-Jane Glanvill	1991	ENG	57.60	75	97	172	9-Apr	London, England, GBR
Monu	1996	IND	57.07	74	96	170	27-Dec	Nagercoil, IND
Balvir Kaur		IND	57.11	75	94	169	27-Dec	Nagercoil, IND
Trupti Mane	2001	IND	56.02	73	93	168	2-Dec	Bhubaneswar, IND
Laura Hewitt	1994	ENG	56.70	74	94	168	27-Aug	Alfreton, England, GBR
Tegan Napper	1986	AUS	57.55	73	95	168	9-Sep	Brisbane, AUS
K. Shireesha	1993	IND	57.66	73	95	168	27-Dec	Nagercoil, IND

63kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Zoe Smith	1994	ENG	62.05	96	119	215	13-Apr	Forde, NOR
Olauwatoyin Victoria Adesanmi	1992	NGR	62.29	100	115	215	10-May	Yaounde, CMR
Maude Charron	1993	CAN	62.40	93	120	213	15-Nov	Merida, MEX
Jasvir Kaur	1993	IND	62.45	94	114	208	27-Dec	Nagercoil, IND
Kiana Elliott	1997	AUS	62.28	95	109	204	29-Jun	Tbilisi, GEO
Punam Yadev	1995	IND	62.65	94	110	204	27-Apr	Tashkent, UZB
Vandna Gupta	1994	IND	62.43	87	115	202	27-Dec	Nagercoil, IND
Emily Godley	1989	ENG	62.57	89	110	199	13-Apr	Forde, NOR
Andrea Miller	1982	NZL	62.75	89	110	199	27-Feb	Brisbane, AUS
Lacey Rhodes (Van Der Marel)	1987	CAN	62.30	94	102	196	17-Dec	Surrey, CAN
Mona Pretorius	1988	RSA	62.50	84	110	194	27-Oct	Penang, MAS
Seen Lee	1982	AUS	61.50	87	105	192	9-Sep	Brisbane, AUS
Myriam Wafo	1994	CMR	63.00	84	108	192	5-Mar	Dijon, FRA
Philippa Malone	1989	AUS	62.08	86	105	191	26-May	Suva, FIJ
Michele Letendre	1986	CAN	60.67	85	105	190	4-Nov	La Prairie, CAN
Amandeep Kaur	1988	IND		83	107	190	23-Jan	Chandigarh, IND
Jessica Lai	1989	AUS	62.15	88	101	189	9-Sep	Brisbane, AUS
Frenceay Titus	1991	MAS		83	106	189	15-Dec	Kota Kinabalu, MAS
Marie-Julie Malbouf	1994	CAN	61.76	83	102	185	1-Apr	La Prairie, CAN
Maggie Cumetti	1995	CAN	62.92	85	100	185	4-Nov	La Prairie, CAN
Megan Signal	1990	NZL	62.30	77	105	182	10-Sep	Auckland, NZL
Shamsudheen Muneera Manikkal	1996	IND	62.04	79	102	181	24-Feb	Patna, IND
Catherine Darsigny	1994	CAN	62.76	77	102	179	4-Nov	La Prairie, CAN
Sian Panjavi	1991	ENG	60.50	77	100	177	10-Jan	London, England, GBR
Swathikrishna Chandran Nair	1994	IND	61.70	79	98	177	27-Dec	Nagercoil, IND
Faye Pitman	1983	WAL	62.85	75	102	177	27-Oct	Penang, MAS

69kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Marie-Eve Beauchemin-Nadeau	1988	CAN	68.92	104	137	241	2-Apr	La Prairie, CAN
Rebekah Tiler	1999	ENG	68.59	101	126	227	10-Aug	Rio de Janeiro, BRA
Eileen Cikamatana	1999	FIJ	68.80	93	122	215	24-Oct	Penang, MAS
Punam Yadev	1995	IND	65.84	97	117	214	17-Jun	Patiala, IND
Lalchhanhimi	1992	IND	66.66	94	120	214	28-Dec	Nagercoil, IND
Emily Godley	1989	ENG	68.00	94	120	214	11-Jun	Coventry, England, GBR
Kristel Ngarlem	1995	CAN	69.00	90	123	213	2-Apr	La Prairie, CAN
Mona Pretorius	1988	RSA	64.45	92	117	209	26-May	Johannesburg, RSA
Apolonia Vaivai	1991	FIJ	68.64	92	114	206	26-May	Suva, FIJ
Maya Laylor	1995	CAN	69.00	90	113	203	3-Apr	Toronto, CAN
Rakhi Halder	1993	IND	67.89	92	110	202	28-Oct	Penang, MAS
Andrea Miller	1982	NZL	64.90	93	107	200	14-May	Gold Coast, AUS
Rachel Siemens	1989	CAN	68.35	87	113	200	22-May	Richmond, CAN
Renu Rani	1989	IND	68.23	87	107	194	28-Dec	Nagercoil, IND
Andreanne Messier	1999	CAN	68.84	87	107	194	4-Nov	La Prairie, CAN
Nicole Barnett	1988	CAN	69.00	89	104	193	8-Oct	Oakville, CAN
Philippa Malone	1989	AUS	66.08	87	105	192	28-Oct	Penang, MAS
Kiana Elliott	1997	AUS	67.55	91	101	192	10-Sep	Brisbane, AUS
Pratima Rani	1992	IND	63.36	82	109	191	28-Dec	Nagercoil, IND
Camilla Fogagnolo	1986	AUS	68.84	82	107	189	3-Dec	Hobart, AUS
Magalie Roux	1999	CAN	68.08	83	105	188	3-Dec	Saint-Hyacinthe, CAN
Ebony Gorincu	1989	AUS	67.90	82	105	187	24-Jul	Brisbane, AUS
Arcangeline Fouodiji Sonkbou	1987	CMR	68.08	82	105	187	10-Aug	Rio de Janeiro, BRA
Courtney Avery	1995	CAN	68.50	85	102	187	5-Nov	Mississauga, CAN
S.K. Alima Begum	1995	IND	68.27	86	100	186	28-Dec	Nagercoil, IND

75kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Mary Opeloge	1992	SAM	74.56	112	139	251	26-Feb	Apia, SAM
Marie-Josophe Fegue	1991	CMR	72.05	111	135	246	4-Jun	Clermont L'Herault, FRA
Johanie Filiatreault	1993	CAN	74.96	101	135	236	2-Apr	La Prairie, CAN
Marie-Eve Beauchemin-Nadeau	1988	CAN	73.45	98	130	228	13-Feb	Villeneuve Loubet, FRA
Rajwant Kaur	1987	IND	71.22	98	125	223	29-Dec	Nagercoil, IND
Bilikis Otunla	1994	NGR	73.30	97	125	222	12-May	Yaounde, CMR
Kristel Ngarlem	1995	CAN	71.35	94	125	219	20-Mar	Montreal, CAN
Prabdeep Sanghera	1993	CAN	74.07	97	117	214	10-Jun	Cartagena, COL
Jenna Myers	1986	AUS	74.55	99	115	214	20-Mar	Brisbane, AUS
Kavita Devi	1983	IND	73.60	92	118	210	8-Feb	Guwahati, IND
Apolonia Vaivai	1991	FIJ	73.58	93	115	208	28-Oct	Penang, MAS
Maya Laylor	1995	CAN	71.60	92	115	207	6-Feb	Toronto, CAN
Seema	1997	IND	73.35	86	121	207	4-Dec	Bhubaneswar, IND
Vanessa Lui	1991	SAM	74.50	92	115	207	26-Feb	Apia, SAM
Andrea Miller	1982	NZL	69.02	94	110	204	3-Dec	Brisbane, AUS
Camilla Fogagnolo	1986	AUS	73.10	92	112	204	20-Mar	Brisbane, AUS
Kylie Lindbeck	1984	AUS	74.35	94	106	200	30-Jul	Canberra, AUS
Nicole Barnett	1988	CAN	70.30	91	103	194	12-Mar	Toronto, CAN
Rachel Siemens	1989	CAN	71.00	85	109	194	27-Feb	Port Alberni, CAN
Bailey Rogers	1991	NZL	74.72	86	106	192	27-May	Suva, FIJ
Swapna Priya Baruah	1996	IND	72.86	82	105	187	4-Dec	Bhubaneswar, IND
Louise Webster	1985	ENG	73.30	82	105	187	30-Jan	Manchester, England, GBR
Kassandra Pratt	1990	CAN	74.70	80	107	187	6-Nov	Mississauga, CAN
Adreanne Messier	1999	CAN	69.30	84	101	185	1-Jul	Tbilisi, GEO
Georgina Black	1989	SCO	69.92	83	101	184	20-Mar	Glasgow, Scotland, GBR
Manpreet Kaur	1994	IND	74.44	79	105	184	29-Dec	Nagercoil, IND

+75kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Maryam Usman	1990	NGR	127.63	120	150	270	13-May	Yaounde, CMR
Laurel Hubbard	1978	NZL	129.30	122	140	262	10-Dec	Auckland, NZL
Iuniara Sipaia	1993	SAM	118.00	111	140	251	26-Feb	Apia, SAM
Tracey Lambrechts	1985	NZL	107.89	102	138	240	28-May	Suva, FIJ
Mercy Brown	1996	ENG	95.20	105	131	236	2-Jul	Tbilisi, GEO
Kaitlyn Fassina	1990	AUS	104.88	104	125	229	29-Oct	Penang, MAS
Luisa Peters	1993	COK	103.74	103	125	228	26-Feb	Mont Dore, FRA
Johanie Filiatreault	1993	CAN	79.60	90	130	220	5-Nov	La Prairie, CAN
Samantha Schultz	1993	CAN	112.93	90	127	217	2-Apr	Calgary, CAN
Shalinee Valaydon	1986	MRI	116.38	94	119	213	29-Oct	Penang, MAS
Albertine Um	1989	CMR	91.89	94	116	210	13-May	Yaounde, CMR
Emily Campbell	1994	ENG	103.20	89	120	209	9-Oct	Castleford, England, GBR
Julia Kachaeva	1990	CAN	92.20	90	115	205	19-Mar	Verdun, CAN
Vi'ivale Gafa	1994	NZL	100.50	89	115	204	27-Feb	Auckland, NZL
Clementine Meukeugni Noubissi	1990	CMR	81.71	92	110	202	13-May	Yaounde, CMR
Monika Dalal	1992	IND	105.11	90	111	201	30-Dec	Nagercoil, IND
Tahina Booth	1984	AUS	89.90	83	116	199	12-Mar	Melbourne, AUS
Kristen Wadwell	1987	AUS	94.80	86	113	199	11-Sep	Brisbane, AUS
Sushila Panwar	1993	IND	75.60	88	110	198	9-Feb	Guwahati, IND
Kanchan P.M.	1995	IND	122.14	84	114	198	30-Dec	Nagercoil, IND
Kh. Joshila Devi	1997	IND	77.40	84	113	197	30-Dec	Nagercoil, IND
Feagaiga Stowers	2000	SAM	108.00	87	110	197	26-Feb	Apia, SAM
Siti Aisyah Rosli	1995	MAS	86.55	85	111	196	29-Oct	Penang, MAS
Purnima Pandey	1999	IND	80.42	88	107	195	30-Dec	Nagercoil, IND
K. Siromani	1993	IND	97.72	84	111	195	30-Dec	Nagercoil, IND
Charisma Amoe-Tarrant	1999	AUS	120.90	75	120	195	10-Dec	Brisbane, AUS

2016 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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MEN: ONE PER COUNTRY

56kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Guru Raja Poojary	1992	IND	55.98	108	141	249	26-Oct	Penang, MAS
Hazal Wafie Muhammad Azroy	1994	MAS	55.65	109	136	245	13-Dec	Doha, QAT
Manueli Tulo	1990	FIJ	55.81	106	136	242	7-Aug	Rio de Janeiro, BRA
J.A. Chaturanga Lakmal	1988	SRI	55.70	113	127	240	24-Apr	Tashkent, UZB
Abdullah Ghafoor	1986	PAK	55.56	101	128	229	8-Dec	Lahor, PAK
Elson Brechtefeld	1994	NRU	56.00	97	130	227	19-Mar	Brisbane, AUS
Paul Ndicka Matam	1988	CMR	55.80	86	117	203	3-Jun	Clermont L'Herault, FRA
Mohammad Mizanur Rahoman	1992	BAN	55.90	90	113	203	6-Feb	Guwahati, IND
Matt Darsigny	2001	CAN	55.92	89	112	201	7-May	Lachute, CAN
Seth Casidsid	1989	WAL	55.80	82	110	192	2-Apr	Ellesmere Port, England, GBR
Skip Callard	2000	ENG	55.80	85	106	191	28-May	Wakefield, England, GBR
Paul Ndicka-Matam	1988	CMR	55.56	80	110	190	9-Apr	Paris, FRA
Josh Stolton	1991	AUS	54.70	82	102	184	19-Jun	Perth, AUS
Heni Lohia	1998	PNG	48.20	80	95	175	28-Jun	Port Morseby, PNG
Manuila Raobu	2000	TUV	54.38	80	93	173	24-May	Suva, FIJ
Jack Madanamoothoo	2001	MRI	54.90	76	95	171	21-Oct	Penang, MAS
Kenelth Susuli	1998	SOL	55.00	75	85	160	28-Jun	Honiara, SOL
Dean Par	2000	NZL	52.80	66	85	151	28-Aug	Auckland, NZL
Tibwere Kuaaba	1999	KIR	55.17	69	81	150	24-May	Suva, FIJ
Colin Selfridge	1972	SCO	55.50	68	77	145	19-Mar	Glasgow, Scotland, GBR
Pantelis Papadopoulos	2004	CYP	47.90	39	50	89	5-Nov	Limassol, CYP
Rylee Borg	2006	MLT	38.17	26	36	62	6-May	Cospicua, MLT
David Kearney	U15	NIR	52.53	38	---	---	12-Nov	Belfast, Northern Ireland, GBR

62kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Morea Baru	1990	PNG	61.90	126	165	291	19-Mar	Brisbane, AUS
Nevo Ioane	1988	SAM	61.78	125	162	287	26-Feb	Apia, SAM
Muhammad Zaidi Nordin	1997	MAS	61.90	117	150	267	24-Jul	Samarahan, MAS
Jamjang Deru	1998	IND	61.26	113	153	266	27-Dec	Nagercoil, IND
K.S. Anton Sudesh Peiris	1985	SRI	61.90	115	150	265	6-Feb	Guwahati, IND
Muhammad Shahzad	1990	PAK	61.44	118	145	263	8-Dec	Lahor, PAK
Oliver Matam Matam	1993	CMR	61.82	115	147	262	9-May	Yaounde, CMR
Charles Ssekyaaya	1994	UGA	61.44	115	146	261	9-May	Yaounde, CMR
Gareth Evans	1986	WAL	61.65	119	142	261	11-Apr	Forde, NOR
Ianne Guinares	1988	NZL	61.70	115	145	260	7-May	Auckland, NZL
Chad Langan	1992	CAN	61.90	108	136	244	6-Nov	Mississauga, CAN
Elson Brechtefeld	1994	NRU	59.60	107	135	242	17-Dec	Mont Dore, FRA
Brown Romohaka	1988	SOL	61.00	105	135	240	26-Feb	Honiara, SOL
Jaswant Shergill	1993	ENG	61.00	107	130	237	8-Oct	Castleford, England, GBR
Rick Confiance	1994	SEY	61.91	107	130	237	26-Oct	Penang, MAS
Bella Mostain	1999	BAN	61.85	100	130	230	14-Dec	Doha, QAT
Isikeli Dau	1995	FIJ	62.00	100	130	230	28-Jun	Suva, FIJ
Marc Jonathan Coret	1989	MRI	60.83	100	125	225	26-Oct	Penang, MAS
James Delaney	1996	AUS	61.80	98	127	225	19-Mar	Brisbane, AUS
Ryan Erasmus	1978	RSA	61.95	88	112	200	8-Oct	Heinsheim, GER
Takirua Betero	1999	KIR	61.36	87	112	199	25-May	Suva, FIJ
Mohamed Al Harthy	1998	SCO	61.20	86	110	196	12-Nov	Pitlochry, Scotland, GBR
Amanaki Tonga	1993	TGA	60.50	67	80	147	27-Feb	Nuku'alofa, TGA
David Akwei	2000	KEN	59.26	60	85	145	9-May	Yaounde, CMR
Kenny Soh	1988	SGP	59.70	47	65	112	28-Jun	Singapore City, SGP

69kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Mohd Hafifi Mansor	1990	MAS	68.71	140	176	316	9-Aug	Rio de Janeiro, BRA
Fred Oala	1996	PNG	68.90	125	166	291	26-Feb	Mont Dore, FRA
Sambo Lapung	1997	IND	68.91	125	166	291	27-Dec	Nagercoil, IND
Patrick Pasia	1995	SAM	69.00	125	164	289	26-Feb	Apia, SAM
Greg Shushu	1980	RSA	68.20	127	161	288	27-May	Johannesburg, RSA
Abu Sufyan	1993	PAK	68.70	128	160	288	11-May	Lahor, PAK
K.S. Anton Sudesh Peiris	1985	SRI	68.94	127	161	288	27-Oct	Penang, MAS
Gareth Evans	1986	WAL	68.66	129	158	287	27-Oct	Penang, MAS
Dimitris Minasidis	1989	CYP	66.10	130	152	282	18-Mar	Limassol, CYP
Francis Luna-Grenier	1987	CAN	68.90	123	157	280	1-Apr	La Prairie, CAN
Vester Villalon	1991	NZL	69.00	116	150	266	19-Mar	Whangarei, NZL
Joseph Ekani Belinga	1989	CMR	68.12	123	142	265	11-May	Yaounde, CMR
Ruben Katoatau	1997	KIR	68.30	115	145	260	17-Dec	Mont Dore, FRA
Chris Freebury	1989	ENG	68.35	119	138	257	12-Apr	Forde, NOR
Craig Carfray	1992	SCO	69.00	111	141	252	12-Nov	Pitlochry, Scotland, GBR
Shimul Kanti Singha	1986	BAN	68.20	115	135	250	7-Feb	Guwahati, IND
Lapua Lapua Tuau	1990	TUV	68.32	110	140	250	26-May	Suva, FIJ
Brandon Wakeling	1994	AUS	67.65	110	137	247	26-Nov	Brisbane, AUS
Maurice Aromo	1988	KEN	68.66	107	127	234	11-May	Yaounde, CMR
Paoma Qaqa	1997	FIJ	62.30	100	130	230	28-Jun	Suva, FIJ
Ian Wee	1994	SGP	67.90	99	123	222	27-Oct	Penang, MAS
Ezekiel Cain	1998	NRU	69.00	95	125	220	16-Sep	NRU
Leslie Mae	1998	SOL	68.00	90	110	200	26-Feb	Honiara, SOL
Daryl Riaze	1989	SEY		85	110	195	3-Dec	Victoria, SEY
Wilson Cheah	1992	NIR	67.80	80	108	188	9-Apr	London, England, GBR
Jannik Pace	1991	MLT	68.93	78	97	175	28-Jun	Cospicua, MLT
Sione Lati	1999	TGA	69.00	75	100	175	27-Feb	Nuku'alofa, TGA

77kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Sivalingam Sathish Kumar	1992	IND	76.98	151	185	336	17-Jun	Patiala, IND
Jack Oliver	1991	ENG	76.35	144	173	317	13-Apr	Forde, NOR
Mohamad Fazrul Azrie	1995	MAS	76.80	140	177	317	27-Apr	Tashkent, UZB
Jean-Baptist Yanou-Ketchanke	1993	CMR	76.06	140	162	302	11-May	Yaounde, CMR
Chinthana Geetal Vidanage	1981	SRI	74.90	133	167	300	7-Feb	Guwahati, IND
Taretiita Tabaroua	1994	KIR	75.80	130	170	300	17-Dec	Mont Dore, FRA
Alex Bellemarre	1998	CAN	76.22	139	161	300	15-Nov	Merida, MEX
Toafitu Perive	1988	SAM	76.99	130	170	300	26-Feb	Apia, SAM
Francois Etoundi	1984	AUS	77.00	135	160	295	17-Dec	Melbourne, AUS
Haider Ali	1995	PAK	71.00	128	160	288	11-May	Lahor, PAK
Cameron McTaggart	1997	NZL	75.85	125	158	283	14-Oct	Auckland, NZL
Lyle Du Plooy	1988	RSA	76.21	118	147	265	27-Oct	Penang, MAS
Mohammad Hamidul Islam	1979	BAN	73.60	120	142	262	7-Feb	Guwahati, IND
Romario Forde	1996	BAR	76.00	110	152	262	27-Oct	Penang, MAS
Rodmar Pullis	1994	MLT	76.87	111	145	256	28-Jun	Cospicua, MLT
Alexandros Karamallis	1996	CYP	77.00	114	140	254	5-Nov	Limassol, CYP
Caleb McCollum	1995	SCO	76.40	112	140	252	19-Mar	Glasgow, Scotland, GBR
Webstar Ndoli Lukose	1989	KEN	75.75	116	135	251	11-May	Yaounde, CMR
Jack Madanamoothoo	1999	MRI	75.95	112	137	249	21-Oct	Penang, MAS
Charlie Lolohea	1993	FIJ	75.53	105	141	246	26-May	Suva, FIJ
Isiah Cain	1996	NRU	75.50	105	140	245	17-Dec	Mont Dore, FRA
Rhodri Beynon	1999	WAL	76.62	108	128	236	27-Oct	Penang, MAS
Puka John	1995	PNG	72.70	105	120	225	28-Feb	Port Morseby, PNG
Karl McClean	Sen	NIR	74.65	92	132	224	12-Nov	Belfast, Northern Ireland, GBR
Moti Unga	1993	TGA	75.30	95	115	210	27-Feb	Nuku'alofa, TGA
Nii Darku Dodoo	1987	GHA	75.66	85	125	210	11-May	Yaounde, CMR
Anthony Saru	1994	SOL	76.00	90	120	210	26-Feb	Honiara, SOL
Isaia Temaka	2000	TUV	73.70	91	110	201	27-Feb	Funafiti, TUV
Jeremy Teng	1992	SGP	74.15	83	110	193	28-Jun	Singapore City, SGP
Angelo Servina		SEY		85	105	190	3-Dec	Victoria, SEY
John Pareanga	1980	COK	77.00	65	80	145	27-Feb	Rarotonga, COK
Dwane Talaiti	2001	NIU	72.65	55	70	125	17-Dec	Mont Dore, FRA

85kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Pascal Plamodon	1992	CAN	85.00	155	190	345	12-Aug	Rio de Janeiro, BRA
Vikas Thakur	1993	IND	84.40	155	182	337	17-Jun	Patiala, IND
Richard Patterson	1983	NZL	84.13	149	181	330	12-Aug	Rio de Janeiro, BRA
Antonis Martasidis	1992	CYP	84.40	145	182	327	19-Mar	Limassol, CYP
Jack Oliver	1991	ENG	78.90	146	180	326	20-Mar	Mutterstadt, GER
Mohamad Fazrul Azrie	1995	MAS	81.36	150	176	326	27-Jul	Samarahan, MAS
Petunu Opeloge	1993	SAM	84.67	145	180	325	26-Feb	Apia, SAM
Malek Chamoun	1989	AUS	84.40	140	170	310	27-May	Suva, FIJ
Jean-Baptist Yanou-Ketchanke	1993	CMR	80.30	135	165	300	13-Feb	Saint Medard en Jalles, FRA
Mohammad Tahir	1992	PAK	84.54	137	160	297	9-Dec	Lahor, PAK
Takenibela Toromon	1992	KIR	83.89	127	165	292	27-May	Suva, FIJ
David Gorosi	1988	SOL	84.00	127	165	292	26-Feb	Honiara, SOL
David Reay	1985	SCO	84.30	120	171	291	25-Sep	Stirling, Scotland, GBR
Toua Phillip Udia	1992	PNG	78.00	125	160	285	28-Feb	Port Morseby, PNG
Christian Amoah	1999	GHA	83.19	128	155	283	12-May	Yaounde, CMR
Kyle Micallef	1987	MLT	84.73	122	149	271	28-Oct	Penang, MAS
Lyle Du Plooy	1988	RSA	81.15	121	147	268	27-May	Johannesburg, RSA
Harry Misangyi	1997	WAL	84.30	116	152	268	28-May	Lochen, AUT
R.R.S.R.M. Selage		SRI	84.40	115	150	265	8-Feb	Guwahati, IND
Caleb McCollum	Sen	NIR	83.10	117	146	263	12-Nov	Belfast, Northern Ireland, GBR
Brien Best	1996	BAR	78.33	115	145	260	28-Oct	Penang, MAS
Logona Esau	1986	TUV	82.77	110	150	260	27-May	Suva, FIJ
Taniela Tulsuva Rainobogi	1998	FIJ	84.28	118	140	258	28-Oct	Penang, MAS
Mohammad Mainul Islam	1979	BAN	84.60	106	135	241	8-Feb	Guwahati, IND
Ika Aliklik	2002	NRU	79.30	100	130	230	28-Jun	NRU
Dillon Mahadeo	1995	GUY	84.50	92	120	212	10-Jun	Cartagena, COL
Jack Feleti	1996	NIU	84.90	90	120	210	27-Feb	Alofi, NIU
Oane Vaka	1997	TGA	84.90	62	85	147	27-Feb	Nuku'alofa, TGA
Ben Low	1984	SGP	81.20	65	72	137	28-Jun	Singapore City, SGP

94kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Siaosi Leuo	1992	SAM	93.20	150	200	350	26-Feb	Apia, SAM
Sonny Webster	1994	ENG	93.40	152	194	346	11-Jun	Coventry, England, GBR
Simplice Ribouem	1982	AUS	93.25	155	185	340	13-Aug	Rio de Janeiro, BRA
Boady Santavy	1997	CAN	89.80	155	183	338	6-Nov	Mississauga, CAN
Pardeep Singh	1995	IND	93.20	145	186	331	8-Feb	Guwahati, IND
Cyrille Fagat Tchatchet II	1995	CMR	92.10	145	185	330	30-Jan	Manchester, England, GBR
Usman Amjad Rathore	1987	PAK	93.20	150	172	322	8-Feb	Guwahati, IND
Forrester Osei	1989	GHA	92.60	137	180	317	11-Jun	Coventry, England, GBR
Richard Patterson	1983	NZL	90.10	150	165	315	9-Jan	Tauranga, NZL
Khairul Anuar Mohamad	1995	MAS	87.90	136	167	303	28-Jul	Samarahan, MAS
Abubakarr Kabia	1985	SLE	93.20	133	165	298	16-Jan	Caen, FRA
K.A.T.C.S. Abeykoon	1985	SRI	93.75	125	170	295	29-Apr	Tashkent, UZB
Alexandros Amantidis	1987	CYP	87.70	128	163	291	19-Mar	Limassol, CYP
Jordan Sakkas	1999	WAL	93.64	125	166	291	28-Oct	Penang, MAS
Grant Moseby	1987	RSA	93.25	131	151	282	28-Jun	Capetown, RSA
Kyle Micallef	1987	MLT	85.15	123	148	271	19-Mar	Limassol, CYP
Niumalala Kokoria	1986	KIR	86.10	120	150	270	27-Feb	Tarawa, KIR
Mohammad Abdullah Mumin		BAN	93.40	117	152	269	8-Feb	Guwahati, IND
Radoslaw Wroblewski		SCO	85.50	121	146	267	12-Nov	Pitlochry, Scotland, GBR
James Omondi Adede	1986	KEN	92.53	122	145	267	12-May	Yaounde, CMR
Albert Maeke	1985	SOL	93.00	120	147	267	29-Jan	Honiara, SOL
Kaladi Batuusa	1986	UGA	92.10	116	146	262	16-Dec	Doha, QAT
Mesake Raivau	1990	FIJ	92.86	120	140	260	27-May	Suva, FIJ
Fili Tuliaki	1995	TGA	94.00	117	135	252	27-Feb	Nuku'alofa, TGA
Dereck Come	1996	SEY	93.40	110	141	251	16-Dec	Doha, QAT
Giuseppe Aschettino	Sen	NIR	92.55	110	130	240	12-Nov	Belfast, Northern Ireland, GBR
Ng Choon Yeow	1993	SGP	88.30	100	135	235	28-Jun	Singapore City, SGP
Daniel Daniel	1982	NRU	93.90	93	135	228	28-Jun	NRU
Sirla Pera	1992	COK	92.70	95	130	225	27-Feb	Rarotonga, COK

105kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
David Kotoatau	1984	KIR	104.09	150	207	357	26-Feb	Mont Dore, FRA
Junior Tasi	1995	SAM	104.73	155	200	355	26-Feb	Apia, SAM
Owen Boxall	1990	ENG	103.20	158	195	353	29-Oct	Penang, MAS
Vishal Solanki	1993	IND	103.41	150	180	330	29-Dec	Nagercoil, IND
Ryan Meidl	1987	CAN	104.60	146	184	330	21-May	Richmond, CAN
Zac Grgurevic	1991	AUS	104.25	145	182	327	23-Jul	Melbourne, AUS
Rory Taylor	1990	NZL	104.60	141	180	321	27-Feb	Auckland, NZL
Saddam Sajid		PAK	104.58	145	172	317	12-May	Lahor, PAK
Elisha Louis Tan Kim Ho	1992	MAS	104.40	140	172	312	29-Apr	Tashkent, UZB
Scott Wong	1990	SGP	104.65	136	170	306	2-Jul	Melbourne, AUS
Forrester Osei	1989	GHA	95.00	135	170	305	26-Mar	London, England, GBR
Denis Essama Owona	1989	CMR	95.48	135	168	303	13-May	Yaounde, CMR
Philip Smyth	1991	NIR	103.80	135	168	303	11-Jun	Coventry, England, GBR
Shanaka Madusanka Peters	1991	SRI	98.00	130	170	300	8-Feb	Guwahati, IND
Rhodri West	1989	WAL	103.85	135	165	300	27-Nov	Cardiff, Wales, GBR
Abubakarr Kabia	1985	SLE	95.60	130	160	290	5-Nov	Clermont l'Herault, FRA
Mesake Raiviu	1990	FIJ	94.10	127	160	287	28-Jun	Suva, FIJ
Jordon Haydon	1995	SCO	100.00	130	145	275	1-May	Kilmarnock, Scotland, GBR
Jaimie MacKenzie	1983	RSA	100.70	110	147	257	27-May	Johannesburg, RSA
Dereck Come	1996	SEY		115	138	253	3-Dec	Victoria, SEY
Kieran Mifsud	1999	MLT	97.00	116	135	251	26-Nov	London, England, GBR
Mohammad Forhad Ali		BAN	103.10	112	115	227	8-Feb	Guwahati, IND
Gashe Heni	1997	PNG	97.30	85	125	210	28-Feb	Port Morseby, PNG
Oscex Taramqe	1993	SOL	102.00	70	100	170	28-Jun	Honiara, SOL
Bill Toalei Manu	1999	TGA	103.70	65	95	160	27-Feb	Nuku'alofa, TGA
+105kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Muhammad Nooh Dastgir Butt	1998	PAK	150.00	165	215	380	9-Dec	Lahor, PAK
Lauititi Lui	1995	SAM	133.00	170	207	377	26-Feb	Apia, SAM
Itte Detenamo	1986	NRU	170.03	168	208	376	28-May	Suva, FIJ
David Liti	1996	NZL	149.40	158	216	374	10-Dec	Auckland, NZL
Damon Kelly	1983	AUS	145.39	168	205	373	28-May	Suva, FIJ
George Kobaladze	1976	CAN	137.43	163	208	371	2-Apr	La Prairie, CAN
Himanshu Kumar Chang	1992	IND	162.39	161	202	363	30-Dec	Nagercoil, IND
Darius Jokarzadeh	1993	WAL	127.17	162	195	357	16-Apr	Forde, NOR
Andrew Ruegg	1986	ENG	126.95	153	184	337	26-Mar	London, England, GBR
Mohamad Norfarhan Ideris	1992	MAS	108.82	135	185	320	29-Oct	Penang, MAS
Zach Courtney	1994	SCO	113.00	133	157	290	20-Mar	Glasgow, Scotland, GBR
Nabonteatu Thomas	1990	KIR	115.30	120	165	285	27-Feb	Tarawa, KIR
A.G.S. Abeywickrama	1988	SRI	105.30	120	155	275	9-Feb	Guwahati, IND
Josh McCullough	Sen	NIR	107.43	123	145	268	12-Nov	Belfast, Northern Ireland, GBR
Curt Pretorius	1999	RSA	127.96	116	150	266	29-Oct	Penang, MAS
Mahmud Feroz		BAN	136.90	112	151	263	9-Feb	Guwahati, IND
Moses Mautama	2000	NIU	122.12	102	135	237	27-May	Suva, FIJ
Alexandros Louca	1984	CYP	115.00	98	128	226	5-Nov	Limassol, CYP
Iasn Tan	1992	SGP	124.00	85	108	193	28-Jun	Singapore City, SGP
Teariki Puni	1984	COK	110.00	70	90	160	27-Feb	Rarotonga, COK

2016 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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WOMEN: ONE PER COUNTRY

48kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Saikhom Mirabai Chanu	1994	IND	47.84	85	107	192	17-Jun	Patiala, IND
Marie Hanitra Roilya Ranaivosoa	1990	MRI	47.58	78	102	180	8-May	Yaounde, CMR
Amanda Braddock	1989	CAN	47.70	75	93	168	2-Apr	Toronto, CAN
Thelma Toua	1991	PNG	47.80	75	92	167	17-Dec	Mont Dore, FRA
Erika Yamasaki	1987	AUS	47.84	71	88	159	25-May	Suva, FIJ
Hannah Powell	1992	WAL	47.26	66	86	152	10-Sep	Forde, NOR
Dinusha Hansami Bomiriyage Gomas	1992	SRI	47.68	66	82	148	26-Oct	Penang, MAS
Molla Shabira	1990	BAN	47.50	63	80	143	6-Feb	Guwahati, IND
Monica Uweh	1999	NGR	47.40	60	80	140	8-May	Yaounde, CMR
Kelly-Jo Robson	1988	ENG	47.85	62	78	140	26-Nov	Alfreton, England, GBR
Portia Vries	1984	RSA	47.85	58	81	139	26-May	Johannesburg, RSA
Bernada Uepa	2000	NRU	48.00	60	77	137	16-Sep	NRU
Annia Hadjiloizou	1987	CYP	47.60	59	76	135	5-Nov	Limassol, CYP
Seruwaia Malani	1993	FIJ	47.13	59	74	133	25-May	Suva, FIJ
Siti Zhleha Yusop	1997	MAS	46.94	58	70	128	6-May	Nakhon Ratchasima, THA
Lisa Tobias	1980	SCO	46.60	57	70	127	12-Nov	Pitlochry, Scotland, GBR
Triona Quigley	Sen	NIR	47.30	52	66	118	12-Nov	Belfast, Northern Ireland, GBR
Sachiko Kawakami	1969	NZL	46.98	51	59	110	14-Oct	Auckland, NZL
Lalmah Sifi Hoiau	2000	SOL	47.00	45	55	100	26-Feb	Honiara, SOL
53kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Matsa Santoshi	1994	IND	51.50	83	103	186	26-Dec	Nagercoil, IND
Amanda Braddock	1989	CAN	49.90	76	91	167	9-Jul	Toronto, CAN
Mary Kini Lifu	1994	SOL	52.93	75	92	167	17-Dec	Mont Dore, FRA
Phillipa Patterson	1984	NZL	52.47	73	90	163	26-Oct	Penang, MAS
W.C.M. Warnakulasuriya	1990	SRI	52.50	74	87	161	26-Oct	Penang, MAS
Fraer Morrow	1998	ENG	52.20	68	90	158	11-Jun	Coventry, England, GBR
Fatima Yakubu	1996	NGR	52.63	72	86	158	8-May	Yaounde, CMR
Elly Cascandra Engelbert	2000	MAS	52.99	68	85	153	21-Oct	Penang, MAS
Ruth Baffoe	1994	GHA	52.62	69	82	151	8-May	Yaounde, CMR
Dika Toua	1984	PNG	50.30	65	85	150	28-Jun	Port Morseby, PNG
Hannah Kaminski	1994	AUS	52.25	66	80	146	9-Sep	Brisbane, AUS
Sofia Kinikinilau	2002	FIJ	52.90	60	80	140	28-Jun	Suva, FIJ
Tiffany Brannan	1998	WAL	52.55	61	75	136	26-Nov	Cardiff, Wales, GBR
Nikoletta Demetriou	1992	CYP	51.30	60	70	130	5-Nov	Limassol, CYP
Molla Shabira	1990	BAN	52.20	60	70	130	25-Apr	Tashkent, UZB
Charley Craig	1999	SCO	52.80	55	74	129	12-Nov	Pitlochry, Scotland, GBR
Benada Uepa	2000	NRU	52.00	52	68	120	28-Jun	NRU
Saofaialo Jim	2000	SAM	51.67	52	67	119	26-Feb	Apia, SAM
Tassen Winter	1997	RSA	53.00	50	60	110	27-May	Johannesburg, RSA
Kristen Borg	1992	MLT	51.27	42	61	103	28-Jun	Cospicua, MLT
Vikki McAnaney	Sen	NIR	51.00	43	53	96	12-Nov	Belfast, Northern Ireland, GBR
Saima Shahzad		PAK	51.20	44	52	96	6-Feb	Guwahati, IND
Yu Chien Chih	1989	SGP	52.35	35	55	90	28-Jun	Singapore City, SGP

58kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Chineye Fidelis	1993	NGR	56.81	87	122	209	10-May	Yaounde, CMR
Jenly Wini Tagu	1983	SOL	57.70	85	112	197	26-Feb	Mont Dore, FRA
Sagolsem Thasana Chanu	1997	IND	57.00	85	109	194	23-Feb	Patna, IND
Tia-Clair Toomey	1993	AUS	57.47	85	109	194	25-May	Suva, FIJ
Tali Darsigny	1998	CAN	57.76	87	106	193	15-Nov	Merida, MEX
Sarah Davies	1992	ENG	57.61	86	106	192	12-Apr	Forde, NOR
Clementina Agricole	1988	SEY	56.71	77	101	178	10-May	Yaounde, CMR
Alethea Boon	1984	NZL	56.60	75	97	172	27-Feb	Auckland, NZL
Agnes Edjangue Ekongolo	1985	CMR	56.59	76	90	166	10-May	Yaounde, CMR
Christie Williams	1992	WAL	57.60	75	90	165	12-Mar	Bangor, Wales, GBR
Marcetta Marlyne Marcus	1998	MAS	56.58	68	91	159	7-May	Nakhon Ratchasima, THA
Maria Liku	1990	FIJ	57.80	67	88	155	29-May	Suva, FIJ
Umeira Mohideen	1993	SRI	56.99	66	86	152	27-Oct	Penang, MAS
Tyla Burrow	1994	RSA	56.82	71	80	151	27-Oct	Penang, MAS
Jodie Hughes	1983	SCO	57.72	62	86	148	19-Mar	Glasgow, Scotland, GBR
Fullapati Chakma	1996	BAN	54.80	63	81	144	7-Feb	Guwahati, IND
Dimita Ioannou	1993	CYP	57.00	64	80	144	5-Nov	Limassol, CYP
Ketty Lent	2001	MRI	56.79	64	75	139	21-Oct	Penang, MAS
Konio Toua	1999	PNG	57.50	60	70	130	28-Jun	Port Morseby, PNG
Winnie Chepngeno Langat	1988	KEN	57.55	60	67	127	10-May	Yaounde, CMR
Jessica Edge	1986	MLT	57.90	52	73	125	19-Mar	Brisbane, AUS
Jaquilla Mau	2003	NRU	58.00	55	65	120	16-Sep	NRU
Makerita Faafuata	1998	SAM	57.97	49	64	113	26-Feb	Apia, SAM
Saniha Ghafoor	1996	PAK	54.60	45	63	108	7-Feb	Guwahati, IND
Neiaso	1998	TUV	57.60	32	45	77	26-Feb	Tarawa, KIR
Lisa Dagens	Sen	NIR	56.60	32	42	74	12-Nov	Belfast, Northern Ireland, GBR

63kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Zoe Smith	1994	ENG	62.05	96	119	215	13-Apr	Forde, NOR
Olauwatoyin Victoria Adesanmi	1992	NGR	62.29	100	115	215	10-May	Yaounde, CMR
Maude Charron	1993	CAN	62.40	93	120	213	15-Nov	Merida, MEX
Jasvir Kaur	1993	IND	62.45	94	114	208	27-Dec	Nagercoil, IND
Kiana Elliott	1997	AUS	62.28	95	109	204	29-Jun	Tiblisi, GEO
Andrea Miller	1982	NZL	62.75	89	110	199	27-Feb	Brisbane, AUS
Mona Pretorius	1988	RSA	62.50	84	110	194	27-Oct	Penang, MAS
Myriam Wafo	1994	CMR	63.00	84	108	192	5-Mar	Dijon, FRA
Frenceay Titus	1991	MAS		83	106	189	15-Dec	Kota Kinabalu, MAS
Faye Pitman	1983	WAL	62.85	75	102	177	27-Oct	Penang, MAS
Helplyn Iro	1992	SOL	62.00	77	95	172	26-Feb	Honiara, SOL
Julia Timi	1996	FIJ	62.38	75	95	170	26-May	Suva, FIJ
Yasmin Zammit-Stevens	1993	MLT	62.80	75	91	166	27-Oct	Penang, MAS
Alexandra Klatsia	1985	CYP	63.00	73	93	166	5-Nov	Limassol, CYP
Mabia Aktar	1999	BAN	63.00	71	94	165	14-Dec	Doha, QAT
Maxmina Uepa	2002	NRU	63.00	70	90	160	16-Sep	NRU
N.S.R. Rijapacksha Mudiyansele	1990	SRI	62.42	65	87	152	27-Oct	Penang, MAS
Jane Armour	1985	SCO	62.40	64	84	148	12-Nov	Pitlochry, Scotland, GBR
Anamaria Patueni	2000	SAM	62.24	65	80	145	26-Feb	Apia, SAM
Jamie Gotty	1984	COK	62.40	65	75	140	27-Feb	Rarotonga, COK
Kari Rosey Kevau	1995	PNG	63.00	62	76	138	28-Jun	Port Morseby, PNG
Winni Okoth	1991	KEN	61.92	62	72	134	10-May	Yaounde, CMR
Sarah Howes	1989	NIR	62.20	55	74	129	9-Apr	London, England, GBR
Neelam Riaz		PAK	61.00	55	70	125	7-Feb	Guwahati, IND
Joyce Tiang Hui Hui	1988	SGP	61.50	27	43	70	28-Jun	Singapore City, SGP

69kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Marie-Eve Beauchemin-Nadeau	1988	CAN	68.92	104	137	241	2-Apr	La Prairie, CAN
Rebekah Tiler	1999	ENG	68.59	101	126	227	10-Aug	Rio de Janeiro, BRA
Eileen Cikamatana	1999	FIJ	68.80	93	122	215	24-Oct	Penang, MAS
Punam Yadev	1995	IND	65.84	97	117	214	17-Jun	Patiala, IND
Mona Pretorius	1988	RSA	64.45	92	117	209	26-May	Johannesburg, RSA
Andrea Miller	1982	NZL	64.90	93	107	200	14-May	Gold Coast, AUS
Philippa Malone	1989	AUS	66.08	87	105	192	28-Oct	Penang, MAS
Arcangeline Fouodiji Sonkbou	1987	CMR	68.08	82	105	187	10-Aug	Rio de Janeiro, BRA
Faye Pittman	1983	WAL	67.40	75	106	181	27-Nov	Cardiff, Wales, GBR
Mercy Obiero	1978	KEN	67.80	76	105	181	11-May	Yaounde, CMR
Emmanuella Labonne	1985	MRI	66.09	80	100	180	11-May	Yaounde, CMR
Janet Georges	1979	SEY	68.20	78	97	175	11-May	Yaounde, CMR
Fatin Amira Nasir	1995	MAS	63.12	75	95	170	29-Jul	Samarahan, MAS
Sathy Sultana Rokeya	1994	BAN	68.20	75	94	169	8-Feb	Guwahati, IND
Alexandra Klatsia	1985	CYP	63.20	73	95	168	18-Mar	Limassol, CYP
Yazmin Zammit-Stevens	1993	MLT	66.42	75	93	168	8-Dec	Eilat, ISR
Zoe Horseman	1993	SCO	66.70	78	90	168	12-Nov	Pitlochry, Scotland, GBR
Arina Kalibiu	1998	SOL	68.00	74	93	167	26-Feb	Honiara, SOL
Chathurika Priyanthi Balage	1992	SRI	68.10	71	90	161	8-Feb	Guwahati, IND
Elisapeta Samuelu	1999	SAM	67.22	69	90	159	26-May	Suva, FIJ
Pheulika Daniels	2002	NRU	68.10	65	83	148	16-Sep	NRU
Rachel Smallwoods	Sen	NIR	65.10	61	82	143	12-Nov	Belfast, Northern Ireland, GBR
Kari Rosey Kevau	1995	PNG	65.00	65	75	140	28-Feb	Port Morseby, PNG
Nadia Maqsood		PAK	67.40	56	70	126	8-Feb	Guwahati, IND
Lepeka Feli	1999	TUV	66.40	40	60	100	26-Feb	Tarawa, KIR
Kilisitina Vea	2001	NIU	68.76	30	45	75	26-May	Suva, FIJ
75kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Mary Opeloge	1992	SAM	74.56	112	139	251	26-Feb	Apia, SAM
Marie-Josophe Fegue	1991	CMR	72.05	111	135	246	4-Jun	Clermont L'Herault, FRA
Johanie Filiatreault	1993	CAN	74.96	101	135	236	2-Apr	La Prairie, CAN
Rajwant Kaur	1987	IND	71.22	98	125	223	29-Dec	Nagercoil, IND
Bilikis Otunla	1994	NGR	73.30	97	125	222	12-May	Yaounde, CMR
Jenna Myers	1986	AUS	74.55	99	115	214	20-Mar	Brisbane, AUS
Apolonia Vaivai	1991	FIJ	73.58	93	115	208	28-Oct	Penang, MAS
Andrea Miller	1982	NZL	69.02	94	110	204	3-Dec	Brisbane, AUS
Louise Webster	1985	ENG	73.30	82	105	187	30-Jan	Manchester, England, GBR
Georgina Black	1989	SCO	69.92	83	101	184	20-Mar	Glasgow, Scotland, GBR
Jabriella Teo Samuel	1998	MAS	73.82	81	102	183	29-Jul	Samarahan, MAS
Philippa Woonton	1985	COK	74.42	78	95	173	27-May	Suva, FIJ
W.M.A.S. Wickramasinghe	1991	SRI	72.43	75	97	172	28-Oct	Penang, MAS
Tayla Howe	1996	WAL	74.10	70	95	165	12-Mar	Bangor, Wales, GBR
Eleftheria Christodoulou	1995	CYP	75.00	72	86	158	20-Feb	Limassol, CYP
Firoga Parvin		BAN	69.10	70	78	148	8-Feb	Guwahati, IND
Jessica Borg Ghigo	1984	MLT	73.09	63	85	148	28-Jun	Cospicua, MLT
Rabbia Razzaq		PAK	70.40	62	80	142	8-Feb	Guwahati, IND
Rebekah Thompson	Sen	NIR	70.40	66	75	141	12-Nov	Belfast, Northern Ireland, GBR
Lisa Clarence	1989	RSA	72.55	57	82	139	28-Jun	Capetown, RSA
Asanate Manoa	1992	TUV	71.87	63	75	138	27-May	Suva, FIJ
Hitolo Grace Gari	1998	PNG	71.30	60	70	130	28-Jun	Port Morseby, PNG
Vicky Maomasi	1998	SOL	74.00	50	60	110	28-Jun	Honiara, SOL

+75kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Maryam Usman	1990	NGR	127.63	120	150	270	13-May	Yaounde, CMR
Laurel Hubbard	1978	NZL	129.30	122	140	262	10-Dec	Auckland, NZL
Iuniara Sipai	1993	SAM	118.00	111	140	251	26-Feb	Apia, SAM
Mercy Brown	1996	ENG	95.20	105	131	236	2-Jul	Tbilisi, GEO
Kaitlyn Fassina	1990	AUS	104.88	104	125	229	29-Oct	Penang, MAS
Luisa Peters	1993	COK	103.74	103	125	228	26-Feb	Mont Dore, FRA
Johanie Filiatreault	1993	CAN	79.60	90	130	220	5-Nov	La Prairie, CAN
Shalinee Valaydon	1986	MRI	116.38	94	119	213	29-Oct	Penang, MAS
Albertine Um	1989	CMR	91.89	94	116	210	13-May	Yaounde, CMR
Monika Dalal	1992	IND	105.11	90	111	201	30-Dec	Nagercoil, IND
Siti Aisyah Rosli	1995	MAS	86.55	85	111	196	29-Oct	Penang, MAS
Selaita Ratubalavu	1994	FIJ	100.50	80	110	190	28-Jun	Suva, FIJ
Lorraine Harry	1996	PNG	88.90	80	100	180	28-Feb	Port Moresby, PNG
Lamees Daniels	2000	RSA	117.35	81	96	177	26-May	Johannesburg, RSA
Ishani Annushka Kaluthanthri	1993	SRI	107.90	77	96	173	9-Feb	Guwahati, IND
Tayla Howe	1996	WAL	77.00	75	97	172	5-Nov	Bangor, Wales, GBR
Jahora Khaton Nisha		BAN	77.20	70	95	165	9-Feb	Guwahati, IND
Natalie Mohr	1989	SCO	83.00	75	90	165	20-Mar	Glasgow, Scotland, GBR
Fe-Male Grundler	1999	NRU	88.69	71	88	159	28-May	Suva, FIJ
Eleftheria Christodoulou	1995	CYP	75.10	71	80	151	5-Mar	La Coruna, ESP
Daisy Tolugu	1973	SOL	85.00	65	85	150	26-Feb	Honiara, SOL
Saira Bano		PAK	85.50	65	84	149	9-Feb	Guwahati, IND
Elisia Scicluna	1992	MLT	79.90	68	75	143	29-Oct	London, England, GBR
Togafiti Eliko	1998	TUV	86.30	56	78	134	26-Feb	Tarawa, KIR
Ashleigh Back	Sen	NIR	83.30	48	60	108	12-Nov	Belfast, Northern Ireland, GBR
Stephanie Leon		SEY		35	55	90	3-Dec	Victoria, SEY