

X WEIGHTLIFTING SCOTLAND

2019

Weight Class-Male	British Senior	Scottish Senior	Scottish Open	British Uni & College	British Under 23	British Under 20	British Under 17	British Under 15
49kg							104	96
55kg	174	161	121		161	146	114	105
61kg	190	174	131		175	158	132	122
67kg	227	185	139		190	172	137	126
73kg	241	194	146		222	202	142	131
81kg	259	206	155		236	215	150	139
89kg	266	215	161		248	225	156	144
96kg	274	222	167		256	232	166	152
102kg	279	227	170		259	236	169	156
102kg+							174	161
109kg	283	232	174		265	241		
109+kg	292	238	179		270	246		

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2019

Weight Class-Female	British Senior	Scottish Senior	Scottish Open	British Uni & College	British Under 23	British Under 20	British Under 17	British Under 15
40kg							74	68
45kg	117	91	68		99	89	82	75
49kg	125	97	73		108	98	87	80
55kg	135	106	79		117	106	95	88
59kg	151	111	83		124	113	101	93
64kg	158	117	88		129	117	105	96
71kg	162	124	93		139	127	113	105
76kg	165	128	96		143	130	117	108
81kg	170	132	99		146	133	120	111
81kg+							129	119
87kg	175	136	102		148	135		
87+kg	181	140	105		159	144		