

Crossfit Glasgow Spartans Open - Sunday 17th June 2018

Glasgow Crossfit, Commerce Street, Glasgow

Weigh in 8am-9am Start at 10am

Group 1 Male Classes 62KG & 69KG (7 Lifters)

Group 2 Female Classes 53KG, 58KG & 63KG (6 Lifters)

Group 3 Male Class 77KG (4 Lifters)

Group 4 Female Classes 69KG, 75KG & 90KG (8 Lifters)

Group 5 Male Classes 85KG & 105kg (7 Lifters)

Group 1 Male Classes 62kg & 69kg (7 Lifters)

Name	Club	Age Group	Bwt Class
Steven Cosham	Unattached	Senior	62
Lucas Clarke	Unattached	Senior	62
Colin Selfridge	Crossfit Spartans	Senior	62
Ally McGrath	Kilmarnock	U-16	62
Jonathan Boyle	Crossfit Spartans	Senior	69
Robert O'Neill	Crossfit Spartans	Senior	69
Thomas Connolly	Crossfit Spartans	Senior	69

Group 2 Female Classes 58kg & 63kg (6 Lifters)

Name	Club	Age Group	Bwt Class
Caitlin Ward	Crossfit Spartans	U-18	58
Shona Oldham	Unattached	Senior	58
Sian Kelly	Unattached	U-23	58
Garazi Arana Oiarbide	Crossfit Spartans	U-23	63
Heather Mather	Crossfit Spartans	Senior	63
Lesley Brown	Crystal Palace	Senior	63

Group 3 Male Class 77kg (4 Lifters)

Name	Club	Age Group	Bwt Class
Ally McGinnigle	Crossfit Spartans	Senior	77
Arden Rees	Unattached	Senior	77
George Bey IV	Team Cavanagh	Senior	77
Dimitrios Sergakis	Glasgow City Barbell	Senior	77

Group 4 Female Classes 69kg, 75kg & 90kg (8 Lifters)

Name	Club	Age Group	Bwt Class
Louise Rodgers	Unattached	U-23	69
Kaitlin Saunders	Unattached	Senior	69
Abby Tiffney	Crossfit Spartans	Senior	69
Emma Wilkins	Unattached	Senior	69
Cat Geurtsen	Crossfit Spartans	Senior	75
Stefani Thompson	Team Cavanagh	Senior	90
Amy Mercy	Unattached	Senior	90
Melissa Johnson	Crossfit Spartans	Senior	90+

Group 5 Male Classes 85kg & 105kg (7 Lifters)

Name	Club	Age Group	Bwt Class
Andrew MacIntyre	Crossfit Spartans	Senior	85
Graeme Nichol	Unattached	Senior	85
Jay Carmichael	Kilmarnock	U-18	85
Jamie Stephen	Crossfit Spartans	Senior	85
Fergus Greig	Unattached	U-23	85
Stewart McGrenary	Crossfit Spartans	Senior	105
Roan Wallace	Unattached	U-20	105