



Weightlifting Scotland

Selection Policy as of Jan 1st 2017 (Weightlifting Scotland reserve the right to change or amend this policy)

The team will be selected by the WLS Coaching & Selection Committee and on the basis of which bodyweight class we see fit that may win or better place in a competition.

The team selected will be considered as comprising lifters, coaches, sport team managers, general team management and any medical personnel we see fit.

1. Eligibility to compete for Scotland at Commonwealth Games

The Criteria

For Lifters wishing to compete for Scotland at any Commonwealth Games (including Commonwealth Youth Games) they must:

- a. Hold a UK Passport.
- b. Must also in addition to 1a. above be a Resident or Citizen of Scotland for 5 years Prior to the Commonwealth Games taking place.
- c. Proof of residency of non-citizen or non-residents will be asked for in the case of the 5 years prior to the games.
- d. Scottish born citizens living abroad can also be selected providing they still hold a UK passport and are subject to all the same doping control procedures (proof of this will be a requirement) as athletes living in Scotland and adhere to competitions that WLS select for them to lift in as selection competitions.
- e. Athletes must achieve all the selection criteria and standards set out by WLS & Commonwealth Games for Scotland.

2. Scottish Senior Championships (Nationals)

To compete in the Scottish Senior Championships, Scottish Under 23 Championships, Scottish Under 20 Championships, Scottish Youth Championships and Scottish School Championships and place in the championships, you must:

- a. Be a citizen or resident of Scotland for 1 year prior to the date of the championships (must provide proof if required).
- b. Be a current member of Weightlifting Scotland.
- c. Lifters must not be in dispute with BWL, other recognised bodies or partners.

3. Scottish Internationals - Celtics, Small Nations, European Union, Commonwealth Championships

(and any other international that may come up)

To be selected to compete for Scotland you must:

- a. Be a citizen or resident of Scotland for a period of one year prior to the date of the competition and must provide proof of this if required.
- b. Have fulfilled all selection criteria set out by the team coaches such as squad attendance, appropriate behaviour, and adherence to doping control and their procedures.



4. Commonwealth Games

Subject to Article 24(2), in the Commonwealth Games for Scotland Selection Policy, as a condition of entry to compete in the Commonwealth Games, all athletes must be citizens or subjects of the

- a. Commonwealth Country that enters them.
- b. Must not be currently under disqualification or suspension by the Federation, or their respective Affiliated Commonwealth Games Association (CGA) or International Federation (IF) or under the World Anti-Doping Code.
- c. Comply with all applicable rules and regulations of the Federation, their respective IFs and the World Anti-Doping Code as may be modified and applied by the Federation to ensure that the overriding principles of the Commonwealth Games are observed.

Subject to Article 24(3), where an athlete was born in a Commonwealth Country that has common citizenship/passport with other Commonwealth Countries, the athlete may initially represent either the athlete's Commonwealth Country of birth; or the Commonwealth Country of birth of his or her father or mother that shares the same citizenship/passport.

5. After having represented one Commonwealth Country at the Commonwealth Games, an athlete may not represent another Commonwealth Country unless he or she receives the approval of the Federation, the relevant IF and the affiliated CGAs of the two Commonwealth Countries concerned.
 - a. Applications under this article must be submitted to the Executive Board at least 12 months prior to the commencement of the Games.
6. It is the responsibility of all affiliated CGAs to ensure that their athletes are fully aware of and comply with the eligibility rules of the Federation.
7. The Executive Board will have the power to waive the provisions of Articles 24 (1-3) in its discretion.

In relation to this clause, the CGF Executive Board at its meeting in August 2004 gave the following guidelines:

If an athlete has previously represented a country at a Commonwealth Games they may continue to represent that country at future Games.

Athletes wishing to compete for a country on the basis of residency must show they have resided in that country for five years immediately prior to those Games.

Further guidelines were given in August 2005 as follows:

Athlete Eligibility - Athlete Dispensation Criteria

The General Assembly noted the Executive Board's decision that in accordance with Article 25 (5) dispensations would be granted to athletes where common passports exist in that an athlete may represent the new country subject to having fulfilled all the requirements of the relevant International Federation.



8. Selection onto National Squads & Commonwealth Games Squads for Gold Coast 2018 and beyond

- a. All lifters must be eligible to compete for Scotland according to the above criteria.
- b. Lifters that DO NOT have a UK Passport (only for Commonwealth Games eligibility) can still be selected for National Squad Training Sessions towards international competitions.
- c. Eligible Lifters must be in the top 10 of the Scottish National Rankings on Sinclair points (lifters can be selected as low as ranking number 13 if there are call offs through injury or medical reasons and as long as they fulfil the above criteria).
- d. All of the following competitions must be competed in by all lifters vying to get on to the National Squad, Scottish Western District Championships 2017, Scottish Eastern District Championships 2017, Scottish Senior Championships 2016/2017, Scottish Open Championships 2017/2018, Scottish Commonwealth Games Trials 2018, Celtic Championships 2017, lifters in with a chance of making the qualifying standard for the Commonwealth Games 2018 will have to qualify and compete at the British Senior Championships 2017.
- e. All lifters must undertake (fit to lift) sessions if required, due to injury or illness reasons.
- f. All lifters must attend all squads that they are eligible to be at (if a lifter cannot attend any squad then they must give good reason not to be there) and if necessary produce a medical note from your GP.
- g. Squad attendance and Behaviour (should be of the highest level especially when representing Weightlifting Scotland at Commonwealth Games day gatherings, weekend gatherings or weekend squad sessions).
- h. Weightlifting Scotland will select their best Male and Female teams for The Commonwealth Games 2018 and this will be done by a combination of means, Sinclair Points, best lifter required for a particular weight class in accordance to placing well in that weight class, and on all the above criteria being met wherever possible.
- i. When Weightlifting Scotland select and nominate their lifters for the Commonwealth Games 2018 they will then present them to the Commonwealth Games Council for Scotland who will then in turn have the final say in the selection of lifters put forward based on all the above and below criteria.
- j. Weightlifting Scotland will in conjunction with the Commonwealth Games Council for Scotland set the qualifying standard to be used at the Commonwealth Games in 2018.
- k. To be in line for selection each lifter must compete at the British Senior Championships 2017 or if selected, the Commonwealth Championships 2017 in their respective weight class to be eligible to be put forward for inclusion for final selection, if lifters do NOT meet the qualification standard required (**British Senior Championships or Commonwealth Championships and the respective ranking places on the selection policy Published on the Commonwealth Games for Scotland Website**) or do not compete in the British Senior Championships or Commonwealth Championships then they will not be included on the Commonwealth Rankings on 31st Oct 2017 and will **NOT** be considered for selection.
- l. Appeals can be submitted only if the lifter makes the required qualifying standard and does not get selected for the Commonwealth Games 2018.
- m. The required standard for the Commonwealth Games 2018 must be achieved by 31st Oct 2017 during the selection timeline.
- n. All lifters will work with many different coaches and Team Managers and associated partners on the squads and must always show respect to each individual.
- o. If lifters refuse to work with whomever they may be asked to do so, then they will be asked to leave the squad.



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- p. All lifters MUST sign and agree to all the criteria above or they will not be included on the National Squad or Commonwealth Games Squad.

Lead Coach Signature _____

Lifter's Full Name & Signature _____ Date _____